

# Sweet Appalachia

**COPPER** KNOB  
STEPPERS

Compte: 16

Mur: 4

Niveau: Intermediate NC



Chorégraphe: Silvia Schill (DE) - April 2025

Musique: Sweet Appalachia - Jackson Dean

**Note:** The dance begins after 8 beats with the cue of the chant.

~ 1+1+1+1 wall - 4 restarts, 0 tags

## **S1: Step, step-pivot ½ r-¼ turn r, behind-side-step, cross-side-back, rock back**

- 1-2& Step forward with right - step forward with left and ½ turn right on both balls, weight on right at the end (6 o'clock)
- 3-4& ¼ turn right and step to left - cross right foot behind left and step to left with left (9 o'clock)
- 5-6& Step forward with right - lift left knee, pivot forward and cross left foot over right, step to right with right
- 7-8& Step back with left - swing right foot back in a circle, step back with right and weight back to left Foot

(Restart: On the 3rd round - towards 9 o'clock - stop here and start again)

(Restart: On the 6th round - towards 6 o'clock - stop here and start again)

(Restart: On the 9th round - towards 3 o'clock - stop here and start again)

(Restart: On the 13 th round - towards 12 o'clock - stop here and start again)

## **S2: ½ turn left, ¾ turn left/run 2-step, run back 2-back, back, ¼ turn r/rock back-rock side**

- 1-2& ½ turn left and step back with right - Swing left leg straight around in a circle into a ¾ turn left and take 2 small steps forward (l - r) (10:30)
- 3-4& Step forward with left - Raise right knee (option: kick right foot forward) and take 2 small steps back (right - left)
- 5-6 Step back with right foot - swing left foot back in a circle and step back with left foot
- 7&8 Swing right foot back in a circle, turning 1/8 turn to the right, step back with right foot and return weight to left foot (12 o'clock)
- & Step right to right and return weight to left foot

**Repeat to end**

**Last Update: 12 May 2025**