

Drunk and Alone

Compte: 48

Mur: 2

Niveau: Beginner

Chorégraphe: Sebastiaan Holtland (NL) - April 2025

Musique: Drunk and Alone - Don Louis



Intro: Intro 16 counts, start approx 08 Sec.

Sec 1. [1-8] L Heel Grind ¼ Left, L Rock Back, L Shuffle Turn Right Back, R Back Rock.

- 1,2 LF heel grind fwd ¼ left (9.00) (1), RF step slightly back (2).
- 3,4 LF rock back (3), RF recover (4).
- 5&6 LF ½ shuffle turn back to right (3.00) (5&6).
- 7,8 RF rock back (7), LF recover (8).

Sec 2. [9-16] Jump Both Feet Apart Fwd, Hold, Jump Both Feet Apart Back, Hold, Cross Jazz Box ¼ Right.

- &1,2 Jump Both Feet Apart slightly fwd (&1), Hold (2).
- &3,4 Jump Both Feet Apart slightly back (&3), Hold (4).
- 5,6 RF step across LF (5), LF step back ¼ turn right (6.00) (6).
- 7,8 RF step right (7), LF step fwd (8).

Sec 3. [17-24] R Heel Grind ¼ Right, R Rock Back, R Shuffle Turn Left Back, L Back Rock.

- 1,2 RF heel grind fwd ¼ right (9.00) (1), LF step slightly back (2).
- 3,4 RF rock back (3), LF recover (4).
- 5&6 RF ½ shuffle turn back to left (3.00) (5&6).
- 7,8 LF rock back (7), RF recover (8).

Sec 4. [25-32] L Side, Hold, R Together, L Side Rock, L Together, R Side Point, Hold, R Back, L Side ½ Left.

- 1,2& LF step left (1), Hold (2), RF step beside LF (&).
- 3,4 LF rock left (3), RF recover (4).
- &5,6 LF step beside RF (&), RF side point right (5), Hold (6).
- 7,8 RF step back (7), LF step left ½ left (9.00) (8).

Sec 5. [33-40] R Side, L Back with Knee Lift R, R Cross Shuffle, L Side, R Back with Knee Lift L, L Cross Shuffle.

- 1,2 RF step right (1), LF step back and lift R knee up (2).
- 3&4 RF cross shuffle (3&4).
- 5,6 LF step left (5), RF step back and lift L knee up (6).
- 7&8 LF cross shuffle (7&8).

Sec 6. [41-48] R Monterey Turn ¼ Right, R Fwd Rock, R Step Fwd ½ Right, L Stomp Together.

- 1,2 RF side point right (1), Pivot ¼ turn right (12.00) RF step beside LF (2).
- 3,4 LF side point left (3), LF step beside RF (4).
- 5,6 RF rock fwd (5), LF recover (6).
- 7,8 RF step slightly fwd ¼ right (6.00) (7), LF stomp beside RF weight onto RF (8).

REPEAT THE DANCE AND HAVE FUN!!