

ChanFu (挽扶)

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Doris Lim (MY) - May 2025

Musique: Chan Fu (挽扶) (DJ伟然版) - Kent Ma (马健涛)



Section (1) Walk Walk ,Shuffle, Walk Walk ,Kick kick Recover

1,2 Step R Fwd , step L Fwd
3&4 Shuffle Fwd RLR
5,6 Step L Fwd, Step R Fwd
7&8 kick kick L foot twice diagonally, recover L beside R foot(&)

Section (2) Walk Walk , Shuffle, Walk Walk ,kick kick Recover

1,2 Step R back, Step L back
3&4 Shuffle back RLR
5,6 Step R back, step L back
7&8 Kick kick L foot twice diagonally, recover L beside R foot (&)

Section (3) Cross Torch Cross Torch, 1/4turn R Jazz box

1,2 Cross R over L , torch L toe diagonally to L side
3,4 cross the L over the R, torch R toe diagonally to R side
5,6,7,8 cross the right over the L, step L back, 1/4 turn R to the right and step L beside R

Section 4 Fwd Shuffle diagonally , back tap

1&2 Shuffle RLR diagonally to the right
3&4 Shuffle LRL diagonally to the left
5,6 step R back diagonally and tap L beside R foot.
7,8 step L back diagonally and tap R beside left foot.

REPEAT

Intro 32 count(optional)

#1

1&2 Fwd shuffle RLR
3&4 Fwd shuffle LRL
5,6. Step R fwd, step L fwd
7&8 Fwd shuffle RLR

#2

1,2 Step L to the left and Tap R toe
3,4 Step R to the right and tap L toe
5,6,7,8, Full turn to the left (LRLin place) tap R beside the L

#3

1&2 Back shuffle RLR
3&4 Back shuffle LRL
5,6. Step R back , step L back
7&8 Back shuffle RLR

#4

1,2 Step L to the left and Tap R toe
3,4 Step R to the right and tap L toe
5,6,7,8, Full turn to the left (LRLin place) tap R beside the L

