

Damn-Bama

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Madison Spears (USA) - April 2025

Musique: Ala-Damn-Bama - Martin McDaniel



*1 Tag - 1 Restart

Tag Timing - Tag happens at the end of Wall 4, right before you start Wall 5 at the front wall. Tag is done facing the front Wall.

SECTION 1: Cross, Side, Behind, Point, Cross, Side, Behind, Point

- 1 - Cross L foot over R foot
- 2 - Step R foot to R
- 3 - Cross L foot behind R foot
- 4 - Point R foot to R side
- 5 - Cross R foot over L foot
- 6 - Step L foot to L
- 7 - Cross R foot behind L foot
- 8 - Point L foot to L side

****RESTART happens here on Wall 9!**

SECTION 2: Front Kick, L Side Kick, L Coaster Step, Front Kick, R Side Kick, R Coaster Step

- 1 - Kick L foot forward
- 2 - Kick L foot to L side
- 3&4 - Step L foot back, bring R foot to L foot, Step L foot forward
- 5 - Kick R foot forward
- 6 - Kick R foot to R side
- 7&8 - Step R foot back, bring L foot to R foot, Step R foot forward

SECTION 3: Rock, Shuffle Back, Back Rock, Shuffle Forward

- 1 - Rock L foot forward
- 2 - Recover on R foot
- 3&4 - Step L foot back, Bring R foot to L foot, Step L foot back
- 5 - Rock R foot back
- 6 - Recover on L foot
- 7&8 - Step R foot forward, Bring L foot to R foot, Step R foot forward

SECTION 4: $\frac{3}{4}$ Paddle Turn, Point R, Cross & Unwind, Hold

- 1-2 - Press L foot in front of you and push off the toes to turn $\frac{1}{4}$ turn R
- 3-4 - Press L foot in front of you and push off the toes to turn $\frac{1}{2}$ turn R

***These turn amounts do not have to be perfect. As long as you paddle twice and make a $\frac{3}{4}$ turn, it's fine!**

- 5 - Point R foot to R
- 6 - Cross R foot over L foot
- 7 - Unwind from the cross position, which would be $\frac{1}{2}$ turn over L shoulder
- 8 - Hold (make sure L foot is ready to cross at beginning of dance)

TAG: Jazz Square

- 1 - Cross R foot over L foot
- 2 - Step L foot back
- 3 - Bring R foot to R shoulder width apart
- 4 - Tap L foot to R foot (do NOT put weight on L foot as it needs to cross next)

