

# Hands Up

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner / Improver

**Chorégraphe:** Naning Olala (INA) & Astri Dwi (INA) - May 2025

**Musique:** HANDS UP - MEOVV



**Tag : After wall 3 & wall 8**

## **S1. WEAVE, CROSS SHUFFLE, SIDE ROCK**

1 - 4                Cross R over L - Step L to side - Cross R behind L - Step L to side  
5&6                Cross R over L - Step L to side - Cross R over L  
7 - 8                Rock L to side - Recover on R

## **S2. WEAVE, CROSS SHUFFLE, SIDE ROCK, FLICK**

1 - 4                Cross L over R - Step R to side - Cross L behind R - Step R to side  
5&6                Cross L over R - Step R to side - Cross L over R  
7 - 8                Rock R to side - Recover on L and flick R back

## **S3. FORWARD LOCK SHUFFLE, PIVOT 1/2 TURN RIGHT, FORWARD LOCK SHUFFLE, PIVOT 1/4 TURN LEFT**

1 & 2                Step R forward - Lock L behind R - Step R forward  
3 - 4                Step L forward - Turn 1/2 Right  
5 & 6                Step L forward - Lock R behind R - Step L forward  
7 - 8                Step R forward - Turn 1/4 Left

## **S4. JAZZBOX CROSS, SIDE MAMBO (R & L)**

1 - 4                Cross R over L - Step L back - Step R to side - Cross L over R  
5 & 6                Rock R to side - Recover on L - Step R together  
7 & 8                Rock L to side - Recover on R - Step L together

## **Tag**

1 - 4                Step R forward - Hips rotated 2X