

New Lease

Compte: 64

Mur: 2

Niveau: Low Intermediate

Chorégraphe: Aurora de Jong (USA) & Linda Scott (USA) - May 2025

Musique: New Lease on Life - MercyMe



Dance begins after 8 counts of the hard drum beat.

Music: Hip to be Square - Huey Lewis

Hot Stuff - Donna Summers

NO TAGS - NO RESTARTS

[1-8]: ¼ right R step right, point L to left, step L forward ¼ left, point R to right, ¼ right jazz box

1-2 Step R to right, turning ¼ right to 3:00 (1), point L out to left (2)

3-4 Step L forward, turning ¼ left back to 12:00 (3), point R out to right (4)

5-6 Step R across L (5), step L back (6)

7-8 Step R to right, turning ¼ right (7), step L forward(8) (3:00)

[9-16]: Walk, Walk, Rocking Chair, Walk, Walk

1-2 Step R forward (1), step L forward (2)

3-4 Rock R forward (3), Recover to L (4)

5-6 Rock R back (5), Recover to L (6)

7-8 Step R forward (7), step L forward (8)

[17-24]: Forward step touch, step back with ¼ right hitch, ¼ right shuffle, ½ shuffle

1-2 Step R forward (1), touch L to R (2)

3-4 Step L back (3), hitch R, turning ¼ right (going into to the turning shuffles)(4) (6:00)

5&6 Step R forward, turning ¼ right (5), step ball of L to R (6) step R forward (9:00)

7&8 Continue turning right, step L to left, turning ¼ right (7), step ball of R to L (&), step L back finishing right turn to 3:00 (8)

[25-32]: Big step R to right, making ¼ turn right, L back rock/recover, weave to left

1-2 Step R big step to ¼ right (1), drag L to R (2) (6:00)

3-4 Rock L back (3), recover to R (4)

5-6 Step L to left (5), step R behind L (6)

7-8 Step L to left (7), cross R over L (8)

[33-40]: Step L to left while bending knees, hitch R with ¼ right turn, R back rock/recover, R lock step forward

1-2 Step L to left, bending knees (1), pivot ¼ right and hitch R, keeping weight on L (9:00)

3-4 Rock R back (3), Recover to L (4)

5-6 Right lock step: Step R forward (5), step L behind R (6)

7-8 Step R forward (7), scuff L forward (8)

[41-48]: Diagonal hops forward (3x) - (can do diagonal step touches here instead), Step/touch with ¼ left turn

&1-2 Step L forward to the diagonal (&), step R to L (1), clap (2)

&3-4 Step R forward to the diagonal (&), step L to R (3), clap (4)

&5-6 Step L forward to the diagonal (&), step R to L (5), clap (6)

7-8 Step R forward to the diagonal (7), touch L to R, turning ¼ left (8) (6:00)

[49-56]: Lindy 2X

1&2 Step L to left (1), step ball of R to L (&), step L to left (2)

3-4 Rock step R behind L (3), recover to L (4)

5&6 Step R to right (5), step ball of L to R (&), step R to right (6)

7-8 Rock step L behind R (7), recover to R (8)

[57-64]: L chase turn, R modified chase turn (can do rocking chairs here instead of turning)

1-2	Step L forward (1), pivot $\frac{1}{2}$ right (2)
3-4	Step L forward (3), hold (4)
5-6	Step R forward (5), pivot $\frac{1}{2}$ left (6)
7-8	Rock R forward (7), recover (8)

The dance ends at the front (12:00) after completing Wall 6!

Enjoy!

Questions: aurora.dejong@gmail.com or kickinitwithlinda.com

Last Update: 3 Jun 2025
