

Backup Plan

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Ashley Pelletier (CAN) - May 2025

Musique: Backup Plan - Bailey Zimmerman & Luke Combs

INTRO: 20 counts

Sequence: 32 – 32 – Tag 1 – 16 – 32 – Tag 1 – Tag 2 – 32 – Tag 2 – Tag 1

[1-8] HEEL, TOUCH, TOE, SCUFF, STEP-LOCK-STEP, SCUFF, STEP-LOCK-STEP, SCUFF, STEP, SWIVEL

1&2& R Heel fwd, touch R next to L, R toe back, scuff R next to left
3&4& RF fwd, lock LF behind right, RF fwd, scuff LF next to right
5&6& LF fwd, lock RF behind left, LF fwd, scuff RF next to left
7&8 RF fwd, Swivel both heels to right, swivel both heels back to center put weight on left

[9-16] BACK-LOCK-BACK, BACK-LOCK-BACK, ¼ TURN RIGHT STEP OUT, OUT, KNEE ROLLS IN & OUT

1&2 RF back, lock LF in front of right, RF back
3&4 LF back, lock RF in front of left, LF back
5-6 While turning ¼ turn to right step RF to right, step LF out left
7-8 Roll both knees inward and outward, place weight on left

[17-24] BALL FWD, ¼ TURN LEFT SWIVEL, TRAVELING APPLEJACKS LEFT, SAILOR STEP 2X

1-2 R Ball of foot fwd, lift both heels and swivel to right while turn ¼ turn left
3&4& While traveling to left; swivel both toes in, out, in, last count R toes out (&)
5&6 Cross RF behind left, step LF to left, step RF to right
7&8 Cross LF behind right, step RF to right, step LF to left

[25-32] VAUDEVILLE, CROSS, ¾ UNWIND LEFT, STOMP RL or FULL SPIN

1&2& Cross RF over left, step LF to left, R heel touch diagonal right, step RF to center
3&4& Cross LF over right, step RF to right, L heel touch diagonal left, step LF center
5-6 Cross RF over left and turn ¾ over left shoulder keeping weight on left
7-8 Stomp RF, stomp LF or optional spin

****Optional Full Spin counts 7-8** Using momentum of counts 5-6 Make a full spin L over L shoulder for 2 counts bringing RF beside LF, maintain weight on LF**

TAG 1: [1-12] BODY ROLL BACK, COASTER STEP, SCUFF, HITCH, ¼ TURN L STEP R, SAILOR STEP, JAZZBOX

1-2 Step RF back adding body roll, touch LF slightly in front of right
3&4 Step LF back, step RF next to left, step LF fwd
5&6 Scuff RF next to left, hitch R knee up, making a ¼ turn left step RF to right
7&8 Cross LF behind right, step RF right, step LF left
9-12 Cross RF over left, step LF back, step RF right, step LF next to right

TAG 2: [1-8] BODY ROLL BACK, COASTER STEP, SCUFF, HITCH, ¼ TURN L STEP R, SAILOR STEP

1-2 Step RF back adding body roll, touch LF slightly in front of right
3&4 Step LF back, step RF next to left, step LF fwd
5&6 Scuff RF next to left, hitch R knee up, making a ¼ turn left step RF to right
7&8 Cross LF behind right, step RF right, step LF left