

Mio Amore

Compte: 100

Mur: 1

Niveau: Phrased Intermediate

Chorégraphe: Mark Furnell (UK) & Chris Godden (UK) - May 2025

Musique: Espresso Macchiato - Tommy Cash



Intro: 36 Counts, Start at approx 17 secs

Sequence: A, B, Tag, C, A, B, C, B (32 Counts), B

Part A: 16c

SEC 1 Nightclub Basic, Nightclub Basic, Step, ½ Pivot, Step, 1½ Rolling Turn, Step Together

- 1-2& Step right to right, step left beside right, cross right over left
- 3-4& Step left to left, step right beside left, cross left over right
- 5&6 Step right forward, pivot ½ left transferring weight onto left, step right forward (6:00)
- &7& Turn ½ right step left back, turn ½ right step right forward, turn ½ right step left back (12:00)
- 8& Turn ½ right step right forward, step left beside right (6:00)

SEC 2 ½ Together, Step Together, Out, Out, Arms.

- 1-2 Step right forward sweeping left from back to front making 1/2 turn right, close left to right
- 3-4 Step forward left, Close right to left
- 5&6& Step right to right diagonal, Step left to left, Place right arm up to right diagonal, place left arm up to to left diagonal
- 7-8 Pull both arms down to sides over 2 counts

Part B:36c

SEC 1 Botofogo, Botofogo, Full Volta Turn

- 1&2 Cross right over left, rock left to left, recover weight on to right
- 3&4 Cross left over right, rock right to right, recover weight on to left
- 5& Turn ¼ right cross right over left, step left beside right (3:00)
- 6& Turn ¼ right cross right over left, step left beside right (6:00)
- 7&8 Turn ¼ right cross right over left, step left beside right, turn ¼ right step right to right diagonal (12:00)

SEC 2 Cross, Side, Sailor Step, Cross, ¼ Back, ¼ Side Shuffle

- 1-2 Cross left over right, step right to right
- 3&4 Step left behind right, step right to right, step left to left
- 5-6 Cross right over left, turn ¼ right step left back (3:00)
- 7&8 Turn ¼ right step right to right, step left beside right, step right to right (6:00)

SEC 3 Cross Sweep, Botofogo, Cross Sweep, Botofogo

- 1-2 Cross left over right sweeping right from back to front over 2 counts
- 3&4 Cross right over left, rock left to left, recover weight on to right
- 5-6 Cross left over right sweeping right from back to front over 2 counts
- 7&8 Cross right over left, rock left to left, recover weight on to right

SEC 4 ½ Jazzbox, Side, Hold, Arms

- 1-2 Cross left over right, turn ¼ left step right back (3:00)
- 3-4 Turn ¼ left step left forward, step right forward (12:00)
- 5-6 Step left to left, hold
- 7-8 Place right arm up to right diagonal, place left arm up to to left diagonal

Restart Here 3rd time Part B is danced, Restarting Part B

SEC 5 Arms

- 1-2-3-4 Pull both arms down to sides over 4 counts

Tag

Hip Bumps, Full Walk Around

- 1-2 Bump hips right, bump hips left
- 3-4 Bump hips right, bump hips left
- 5-6 Turn $\frac{1}{8}$ right step right forward, turn $\frac{1}{8}$ right step left forward (3:00)
- 7-8 Turn $\frac{1}{8}$ right step right forward, turn $\frac{1}{8}$ right step left forward (6:00)
- 1-2 Turn $\frac{1}{8}$ right step right forward, turn $\frac{1}{8}$ right step left forward (9:00)
- 3-4 Turn $\frac{1}{8}$ right step right forward, turn $\frac{1}{8}$ right step left forward (12:00)

Part C: 48c

SEC 1 Charleston, Flick & Flick, Touch Forward, Twist Heel

- 1-2 Touch right forward, step right back
- 3-4 Touch left back, step left forward
- 5&6 Flick right to right, step right beside left, flick left to left
- 7&8 Touch left forward, twist left heel to left, twist left to center

SEC 2 Switches, $\frac{1}{4}$ Jazzbox

- 1&2& Point left to left, step left beside right, point right to right, step right beside left
- 3&4 Point left to left, step left beside right, point right to right
- 5-6 Cross right over left, turn $\frac{1}{4}$ right step left back (3:00)
- 7-8 Step right to right, step left forward

SEC 3 Charleston, Flick & Flick, Touch Forward, Twist Heel

- 1-2 Touch right forward, step right back
- 3-4 Touch left back, step left forward
- 5&6 Flick right to right, step right beside left, flick left to left
- 7&8 Touch left forward, twist left heel to left, twist left to center

SEC 4 Switches, $\frac{1}{4}$ Jazzbox

- 1&2& Point left to left, step left beside right, point right to right, step right beside left
- 3&4 Point left to left, step left beside right, point right to right
- 5-6 Cross right over left, turn $\frac{1}{4}$ right step left back (6:00)
- 7-8 Step right to right, step left forward

SEC 5 Charleston, Flick & Flick, Touch Forward, Twist Heel

- 1-2 Touch right forward, step right back
- 3-4 Touch left back, step left forward
- 5&6 flick right to right, step right beside left, flick left to left
- 7&8 Touch left forward, twist left heel to left, twist left to center

SEC 6 Switches, $\frac{1}{2}$ Jazzbox

- 1&2& Point left to left, step left beside right, point right to right, step right beside left
- 3&4 Point left to left, step left beside right, point right to right
- 5-6 Cross right over left, turn $\frac{1}{4}$ right step left back (9:00)
- 7-8 Turn $\frac{1}{4}$ right step right forward, step left forward (12:00)

Last Update: 19 May 2025
