Kay Kay

Compte: 64	**Mur:** 1	**Niveau:** Improver

Chorégraphe: Kay Dorsey (USA) - January 2025

Musique: Pride and Joy - Marvin Gaye
ou: Come Get to This - Marvin Gaye
ou: Brown Sugar - The Rolling Stones
ou: Feather - Sabrina Carpenter

Lindy Right, Lindy Left
1&2 3,4	Shuffle RLR to right side, Rock back on L behind R, recover forward on R
5&6 7,8	Shuffle LRL to left side, Rock back on R behind L, recover forward on L

Shuffle Forward, Shuffle Back
1&2 3,4	Step forward on R, close L (&), Step forward on R, Rock F on L, Recover on R
5&6 7,8	Step back on L, close R (&), Step back on L, Rock F on R, Recover on L

Shuffle Forward, ½ Pivot Right, Sway: Left ,Right, Left, Right
1&2, 3,4	Step forward on R, close L (&), Step forward on R, Step forward on R and ½ Pivot to R
5,6,7,8	Sway hips L R L R

Vine Left, Vine Right
1,2,3,4	Step L to left side, Step R behind L, Step L to left, Touch R next to L
5,6,7,8	Step R to R side, Step L behind R, Step R to right, Touch L next to R

Kick Ball Change 3X, Heel Twist Right
1&2	Kick R forward, (&)step onto ball of R, lift L slightly, recover on L,
3&4	Kick R forward, (&)step onto ball of R, lift L slightly, recover on L,
5&6	Kick R forward, (&)step onto ball of R, lift L slightly, recover on L,
7,8	On balls of both feet, twist heels to L, Center, while turning body to R (45 degree angle)

Kick Ball Change 3X, Heel Twist Right
1&2	Kick R forward, (&)step onto ball of R, lift L slightly, recover on L,
3&4	Kick R forward, (&)step onto ball of R, lift L slightly, recover on L,
5&6	Kick R forward, (&)step onto ball of R, lift L slightly, recover on L,
7,8	On balls of both feet, twist heels to L, Center, while turning body to R (45 degree angle)

¼ Turning Jazz Box 2X
1,2,3,4	Cross R over L, Step L Back, ¼ turn stepping R to R side, Step L next to R
5,6,7,8	Cross R over L, Step L Back. ¼ turn stepping R to R side, Step L next to R

Rocking Chair 2X
1,2,3,4	Rock R forward, Rock R back
5,6,7,8	Rock R forward, Rock R back