Yourself



Compte: 48 Mur: 4 Niveau: Improver Chorégraphe: Grant Mayfield (USA) & Stefanie Vasturo (USA) - May 2025

Musique: Yourself - Presley Tennant



2 Restarts

*1st- Wall 6 after 32 counts *2nd- Wall 11 after 16 counts

Right weave, Left diagonal kick, back, side

1-2	Step R to side, step L behind R
3-4	Step R to side, step L over R
5-6	Step R to side, kick L fwd diagonal
7-8	Step L behind R, step R to side

Left cross rock, recover, 1/4 turn left, scuff, rocking chair

1-2	Cross rock L over R, recover back on L
3-4	Step I fwd making 1/4 turn I scuff R

5-6 Rock fwd R, recover L7-8 Rock back R, recover fwd L

Hip pushes, 1/4 turn Monterrey

1-2	Push R hip up/fwd, step on R foot
3-4	Push L hip up/fwd, step on L foot
5-6	Point R to R side, 1/4 turn R, step R next to
7-8	Point L to L side, step on L (back to center)

Right toe strut jazz box, stomp, stomp

1-2	Touch R toe over L foot, drop R heel
3-4	Touch L toe back, drop L heel
5-6	Touch R toe to R side, drop R heel
7-8	Stomp L center, stomp R next to L (take weight)

^{*1}st restart-Touch on count 8* (wall 6)

Left weave, right diagonal kick, rock, recover

1-2	Step L to side, step R behind L
3-4	Step L to side, step R over L
5-6	Step L to side, kick R fwd diagonal
7-8	Rock R behind L, recover to L

1/4 turn right step lock step, scuff, step lock step, touch

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1-2	Step R fwd making 1/4 turn R, lock L behind R	
3-4	Step R fwd diagonal, scuff L fwd	
5-6	Step L fwd diagonal, lock R behind L	
7-8	Step L fwd diagonal, touch R next to L	

HAVE FUN!!

^{*2}nd restart* (wall 11)