

Compte: 48 Mur: 2 Niveau: Low Improver

Chorégraphe: IMSUN CHOI (KOR) & Jisung Bae (KOR) - May 2025

Musique: KOOL - Forestella (포레스텔라)



#### intro: 8

Sequence: A,A,B, A,B,A, A,B,A, B

### [ Part A: 32c ]

### SEC 1 : STOMP(RF, LF), SWIVEL(RF, LF), SAILOR, 1/4 LEFT TRUN WITH SAILOR

1, 2& Stomp RF side to the right, Stomp LF side to the left - swivel RF heel in

3&, 4 Swivel RF in place - swivel LF heel in, Swivel LF heel in place
5&6 Cross RF behind LF, Step LF next to RF, Step RF side to the right

7&8 Sweep LF behind RF with 1/4 turn to the left - Step RF next to LF - Step LF slightly forward

### SEC 2: CHARLESTON, 1/4 RIGHT TURN WITH JAZZ BOX

1, 2	Step RF forward, Kick LF froward
3, 4	Step LF back, Touch RF back

5, 6 Cross RF over LF, Turn 1/4 to the right with step LF back

7, 8 Step RF side to the right, Cross LF over RF

\*\*Option for counts 1-4 in 3wall, 6wll- Push RF forward & raise your arms up,

Sit back on LF bending knees & Pull your arms down and clench your fist,

Recover on RF & your hands down, Step LF next to RF

# SEC 3 : DIAGONAL STEP, TOUCH, DIAGONAL STEP, TOUCH, WALK BACK WITH HEEL GRIND WALK BACK WITH HEEL GRIND, COASTER

1, 2	Step RF diagonal forward, Touch LF next to RF
3, 4	Step LF diagonal back, Touch RF next to LF

5, 6 Walk RF back with heel grind, Walk LF back with heel grind

7&8 Step RF back, Step LF next to RF, Step RF forward

## SEC 4 : SIDE, BEHIND TOUCH WITH BENDING, KICK, BALL, STEP, TURN WITH HEEL BOUNCE( X3), JUMP WITH CLAP

1, 2	Step LF side to the left, Touch RF bening LF with bending LF
3&4	Kick RF diagonal - ball RF next to LF, Step LF forward
5, 6	1/8 turn with heel bounce, 1/4 turn with heel bounce
7, 8	1/8 turn with heel bounce(6:00), Jump with clap

### [ Part B:16c ]

### SEC 1: STEP WITH SWAY, SWAY, SWAY, CLAP, SWAY, SWAY, SWAY, TOUCH with CLAP

1, 2	Step RF side to the right with sway, sway to the left,
3, 4	Sway to the right, Clap your hands over your right head

5, 6 Sway to the left ,Sway to the right

7, 8 Sway to the left, Touch RF next to LF with clap your hands over your left head

### SEC 2: V STEP, FORWARD, PIVOT 1/2 TURN TO THE L, PIVOT 1/2 TURN TO THE L

1, 2 Step RF diagonal forward(out), Step LF diagona	l forward(out)
---	----------------

3, 4 Step RF diagonal back(in), Step LF next to RF(in)

5, 6 Step RF forward, Pivot 1/2 turn to the left, Step RF forward,

7, 8 Pivot 1/2 turn to the left

E-Mail:is10255@gmail.com (bgs1969@hanmail.net)

