Squeeze Me



Compte: 32 Mur: 4 Niveau: Easy Improver

Chorégraphe: Ivan Rundgren (SWE) - 22 May 2025

Musique: Put Your Head on My Shoulder - Life in 3D



Intro 16 C, 4 C tag after wall 3

SEC. 1 WALK FWD R, L , FWD ROCK STEP, SIDE STEP, BACK ROCK STEP, 1/4 TURN R X2

1 – 2	Walk fwd R (1) walk fwd L	(2)

- 3 & 4 Step fwd R (3) recover to L (&) step R to R side (4)
- 5 6 Step L back across R (5) recover to R (6)
- 7 8 1/4 turn L stepping L back (7) 1/4 turn L stepping R beside L (8)

SEC. 2 WALK FWD L, R, FWD ROCK STEP, STEP, BACK ROCK STEP, STEP, CROSS, UNWIND 1/2 TURN L

	1 – 2	Step fwd L (1)	step fwd L (2)
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- 3 & 4 Step L to L side (3) recover to R (&) step L to L side
- 5 6 & Step R back across L (5) recover to L (6) step R to R side(&)
- 7 8 Cross step L behind R (7) unwind 1/2 turn L (8)

SEC. 3 CROSS ROCK, SIDE, CROSS ROCK, SIDE, WALK FWD R, L. 1/2 TURN R

1 – 2 &	Step R across L (1) recover to L (2) step T to R side(&)
3 – 4 &	Step L across R (3) recover to R (4) step L to L side (&)

- 5-6 Walk fwd R (5) walk fwd L (6)
- 7 8 Step fwd R (7) 1/4 turn L (8) weight ends on L

SEC. 4 R MAMBO 1/2 TURN R, 1/2 TURN R, RUN FWD L R L, 1/4 TURN L

1 & 2 Step fv	vd R (1) recover to	L (&) 1/2 turn R	R stepping fwd R (2) (12:0)	D)
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- 3 4 Step fwd L (3) 1/2 turn R (4) weight ends on R (6:00)
- 5 & 6 Run fwd L (5) run fwd R (&) run fwd L (6)
- 7 8 Step fwd R (7) 1/4 turn L (8) weight ends on L (3:00)

Tag 4C after wall 3: bump hips R, R, L, L facing (9:00)

Happy dancing

Thank you for checking out my dance!

Please do not change anything in this step-sheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc.

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Don't forget to vote for your favorite dance :)

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