

One Step at a Time

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Anthony Tautari (NZ) - May 2025

Musique: One Night At a Time - George Strait



Section 1: Rock & recover, weave, left shuffle step, Rocking chair (Counts 1-8)

- 1-2 Rock right foot to the side, recover weight on left.
- 3&4 Cross right over left, step left to the side, cross right behind left,
- 5&6& step left to left side, close right to left, step left to left side
- 7&8& Rock forward on the right, Recover, Rock back on right, Recover.

Section 2: Foward Shuffle, Turn, Heel Switches, left heel, clap(Counts 9-16)

- 1&2 Step right forward, close left beside right, step right forward.
- 3-4 Step left forward, pivot a ½ turn to the right (weight on right).
- 5&6 Touch left heel forward, step left back, touch right heel forward.
- &7-8 Step right back, step left forward, clap once.

Section 3: Slide, Cross & Unwind, Sailor Step x2 (Counts 17-24)

- 1-2 Take a big step to the right, drag left foot to meet right.
- 3&4 Cross left over right, unwind a full turn to the right.
- 5&6 Step right behind left, step left to the side, step right to the side (sailor step).
- 7&8 Step left behind right, step right to the side, step left to the side.

Section 4: left Pivot ¼, Kick Ball Change, Jazz Box w/ cross (Counts 25-32)

- 1&2 Step right forward, pivot ¼ turn to the left.
 - 3-4 Kick right forward, step right in place, step left in place (kick-ball-change).
 - 5-6 Cross right over left, step left back.
 - 7-8 Step right to the side, step left forward
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