

Róa í Gegnum öLdurnar

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Adela Greenbaum (AUS) - May 2025

Musique: RÓA - VÆB



Intro: 16 counts

[1 – 8] Step clap R, L, box step R

- 1-2 Step R diagonally fwd to R, tap L beside R and clap
- 3-4 Step L diagonally fwd to L, tap R beside L and clap
- 5-6 Step R fwd, cross L over R
- 7-8 Step R back, L close

[9 – 16] Toe taps, heel slap and scuff, balance and stomp

- 9-10 Tap R toe to front, side
- 11-12 Slap R heel behind with L hand, scuff R heel in front
- 13-14 Step R fwd, lift L and balance weight on R
- 15-16 Step L back, R close

[17 – 24] Grapevine R, L (optional roll)

- 17-18 Step R to R, step L behind R
- 19-20 Step R to R, L close and clap
- 21-22 Step L to L, step R behind L
- 23-24 Step L to L, R close

[25 – 32] Slide R, L, pivot turn

- 25-26 Step R to R, drag L across to R to close
- 27-28 Step L to L, drag R across to L to close
- 29-32 Weight on L, turn $\frac{1}{4}$ to L over four beats, pushing slightly with R each beat

Repeat from the beginning

There is a 16 count section after 8 full repeats (immediately before the key change). Treat the key change as a restart.
