

Besame Amdi

Compte: 56

Mur: 2

Niveau: Improver

Chorégraphe: Yossy (INA) & Vionna Feriska (INA) - May 2025

Musique: Besame Mamá - Poncho Sanchez



No Tag No Restart

Seq: 56-56-32-Closing Respect

Intro: After 9s Start on 2

Main Dance

SECTION 1: IMPACT CHASE - IN PLACE - LEFT CHASE

- 234&5 Step R In Place with Bend L Knee , Step L in Place with Bend R Knee ,Step R In Place with Bend L Knee , Step L in Place with Bend R Knee ,Step R In Place with Bend L Knee , Step L in Place with Bend R Knee, Step R In Place with Bend L Knee
- 678&1 Step L in Place with Bend R Knee ,Step R In Place with Bend L Knee , Step L to side, together , Step L to side

SECTION 2 : IN PLACE - RIGHT CHASSE - CROSS POINT - SLIP CHASE

- 2-3 Step R together with L bend Knee , Step L in place with R Bend Knee
- 4&5 Step R to Right , Step L together , Step R to Right
- 6 7 Cross L over R , Side R to touch
- 8&1 Step R back , L together, Step R forward

SECTION 3 :RIGHT TURN - BACK CHASSE - BACK ROCK - KICK CLOSE POINT

- 2 3 Step L Forward, Turn 1/2 R (6.00)
- 4&5 Step L back with turn 1/2 R , Cross R over L , Step L Back (12.00)
- 6 7 Step R Back , Recover on L
- 8&1 Kick R Forward , R together with L point to side

SECTION 4 : HIP BUMP - BODY ROLL - HITCH

- 2345 Hip bump LRLR with point in Place (change weight)
- 678&1 Right Body roll with Hitch on L at 1

SECTION 5 : HALF DIAMOND - SLOW BREAK

- 2&3 Cross L over R , Step R diagonal Back , Step L diagonal Back
- 4&5 Step R diagonal back with ,turn 1/2 L together diagonal back , Step R to side (6.00)
- 6781 Cross L over R , Recover on R , Touch L side , hold

SECTION 6 : CUBAN BREAK - CROSS FLICK - 1/4 R SLIP CHASSE

- 2&3&4&5 Step L over R with change weight on L, Recover on R , Step L to side , Recover on R, Step L over R with change weight on L, Recover on R, Step L to side
- 6 7 Cross R over L with Flick on L (10.30)
- 8&1 Step L back , turn 1/4 R together , Step L diagonal Forward (13.30)

SECTION 7 : POINT SLIP CHASSE - CLOSE - HiP SWAY

- 234&5 R point beside L , R back , together L , Step R forward, Close L together
- 6781 Hip Sway R - L - R - L

Repeat Again.

Enjoy It & Feels The Freedom Of The Dancesport

