

# Hey Cowboy

**COPPER** **NOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Chelsea Gillum (AUS) & Karen Switzer (AUS) - March 2025

**Musique:** Hey Cowboy - Laura Frank



**RESTART: 1, WALL 4**

## **WALK FORWARD & KICK, WALK BACK & TOUCH**

- 1 - 4 Walk forward (R, L, R) (1, 2, 3), Kick L forward (4)  
5 - 8 Walk backward (L, R, L) (5, 6, 7), Touch R next to L (8)

## **RIGHT SIDE SHUFFLE, BACK ROCK, LEFT SIDE SHUFFLE, BACK ROCK**

- 1 & 2 Step R to R side (1), Step L next to R (&), Step R to R side (2)  
3, 4 Rock L foot behind R (3), Recover weight to R foot (4),  
5 & 6 Step L to L side (5), Step R next to L (&), Step L to L side (6)  
7, 8 Rock R foot behind L (7), Recover weight L (8)

**\*Restart Here - Wall 4 facing 3.00**

## **KICK BALL CHANGE ¼ LEFT, KICK BALL CHANGE, JAZZ BOX**

- 1 & 2 Kick R forward (1), Step on ball of R foot (&), Recover weight L (2) completing a quarter turn over left shoulder  
3 & 4 Kick R forward (3), Step on ball of R foot (&), Recover weight L (4)  
5 - 8 Step R across L (5), Step L back (6), Step R to R side (7), Step L next to R (8)

## **TOE, HEEL, STEP X 2, PIVOT ½ TURNS X 2**

- 1 & 2 Tap R toe in place (1), Tap R heel in place (&), Step R forward (2)  
3 & 4 Tap L toe in place (3), Tap L heel in place (&), Step L forward (4)  
5, 6 Step R forward (1), Pivot half turn over L shoulder (6)  
7, 8 Step R forward (7), Pivot half turn over L shoulder (8)

**End of dance!**

**Feel free to create variations to this and have fun!**

**Chels & Karen!**

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