

Body Like a Backroad

COPPER KNOB
STEPPERS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Melissa Mulligan (NZ) - March 2023

Musique: Body Like a Back Road - Sam Hunt



Intro: 12 seconds - Feet Position: Feet together weight on left

(1-8) FORWARD DIAGONAL STEP RIGHT TOUCH, LEFT TOUCH, RIGHT TOUCH, LEFT TOUCH.

- 1,2 Step forward with right foot to right diagonal touch left foot next to right foot.
- 3,4 Step forward with left foot to left diagonal touch right foot next to left foot.
- 5,6 Step forward with right foot to right diagonal touch with left foot next to right foot.
- 7,8 Step forward with left foot to left diagonal touch right foot next to left foot.

(9-16) POINT TOUCH, SIDE TOUCH, POINT TOUCH, SIDE TOUCH

- 1,2 Point right foot to right side, touch right foot beside left foot
- 3,4 Step right foot to right side, drag left foot and touch next to right.
- 5,6 Point left foot to left side, touch left foot beside right.
- 7,8 Step left foot to left side, drag right foot and touch next to left.

(17-24) STEP FORWARD RIGHT, DOUBLE HIP BUMP RIGHT LEFT, HIP SWAY RIGHT LEFT

- 1,2 Step forward with right foot bumping right hip twice on a slight angle
- 3,4 Bump left hip to left side twice
- 5,6 Sway hips right then left
- 7,8 Sway hips left then right

(25-32) SWEEP RIGHT LEG ¼ TURN RIGHT, POINT, SIDE CROSS SIDE, POINT, CROSS, STEP TOGETHER.

- 1,2 Sweep right leg behind left ¼ turn right, point left leg out to left.
- 3&4 Cross left over right step right to right side cross left over right
- 5,6 Point right out to right side, cross right foot in front of left
- 7,8 Step left foot out to left side, touch right to left.

Optional variations first 8 count change to shuffles

- 1&2 Shuffle forward right left right
- 3&4 Shuffle forward left right left
- 5&6 Shuffle forward right left right
- 7&8 Shuffle forward left right left

Other optional variations- steps (17-24) add body rolls instead of hip bumps and sways.

REPEAT

NO TAGS, NO RESTARTS

Contact:

Name: Melissa Mulligan

Email: rhythmnlines@gmail.com or momulligan@hotmail.com

www.rhythmnlines.com

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