

Here Now

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Fred Whitehouse (IRE) - June 2025

Musique: Here Now - Jamie Grey



Intro: 8 Counts, Start at approx.. 7 secs

SEC 1 Step, Run, Run, ¼ Side, ½ Run Around, Back Sweep, Back Sweep, Weave

- 1 Step right forward
- 2& Step left forward, step right forward
- 3& Turn ¼ right step left to left, push right hand to left (3:00)
- 4&5 Turn ⅛ right step right forward, turn ¼ right step left forward, turn ⅛ right stomp right forward (9:00)
- 6-7 Step left back sweeping right from front to back, step right back sweeping left from front to back
- 8& Step left behind right, step right to right

SEC 2 ⅛ Step Arabesque, Drop Recover Kick, Back, Back, ¼ Side Lunge, Recover Sway, Touch, ⅛ Step Sweep, Cross, ¼ Back

- 1 Turn ⅛ right step left forward lifting right back (10:30)
- 2-3 Rock right forward bending both knees, recover weight on to left lifting right forward
- 4& Step right back, step left back
- 5-6& Turn ¼ right lunge right to right, recover weight on to left swaying body left, touch right beside left (1:30)
- 7 Step right forward turn ⅛ right sweeping left from back to front
- 8& Cross left over right, turn ¼ left step right back (12:00)

SEC 3 Back Rock ½ Back, Back Rock ¾ Rolling Turn, Weave, Cross Rock Side

- 1-2& Rock left back, recover weight on to right, turn ½ right step left back (6:00)
- 3-4& Rock right back, recover weight on to left, turn ½ left step right back (12:00)
- 5 Turn ¼ left step left to left looking over left shoulder (9:00)
- 6&7& Cross right over left, step left to left, step right beside left, step left to left
- 8&1 Cross rock right over left, recover weight on to left, step right to right

SEC 4 ½ Fallaway, Cross Rock, ¼ Step, Step, ½ Pivot

- 2&3 Turn ⅛ right step left forward, step right forward, turn ⅛ right step left to left (12:00)
- 4&5 Turn ⅛ right step right back, step left back, turn ⅛ right step right to right (3:00)
- 6&7 Cross rock left over right, recover weight on to right, turn ¼ left step left forward (12:00)
- 8& Step right forward, pivot ½ left transferring weight onto left (6:00)

Tag 1: Once at the end of Wall 1 and Twice at the end of Wall 3

Step, Rock, Back Sweep, Touch Back, ¼ Side, ¼ Step Hitch, Point, Hold

- 1-2& Step right forward, rock left forward, recover weight on to right
- 3-4 Step left back sweeping right from front to back, touch right back
- 5-6 Turn ¼ right step right to right, turn ¼ left step left forward hitching right knee (6:00)
- 7-8 Point right to right, hold

Option

- 5-6 Turn ¼ right step right to right, turn ¼ left step left forward full turn left hitching right knee (6:00)

Arms & Circle right arm to right

- 5 Circle left arm to right
- 6 Cross right arm over left
- 7-8 Point right to right, hold

Arms 7 Take both arms to sides

Tag 2: At the end of Wall 2

Step, Rock, Back, Back Rock

1-2& Step right forward, rock left forward, recover weight on to right

3-4& Step left back, rock right back, recover weight on to left
