Wings To Fly



Compte: 32

Mur: 4

Niveau: Absolute Beginner

Chorégraphe: Rhoda Lai (CAN) & Hayley Wheatley (UK) - June 2025

Musique: Power of love x I'm Alive 2025 - LABACK remix feat. Laura Furmanova



Intro : 32 counts

NO TAGS OR RESTARTS!

[1-8] WALK FORWARD R-L-R, KICK, WALK BACK L-R-L, TOUCH

- 12 Step RF forward (1), Step LF forward (2)
- 34 Step RF forward (3), Kick LF forward (4)

*Raise your arms up on Counts 1-3, click fingers on Count 4

- 56 Step LF back (5), Step RF back (6)
- 78 Step LF back (7), Touch RF next to LF (8)
- *Bring your arms down on Counts 5-8

[9-16] FORWARD DIAGONAL, TOUCH, SIDE, TOUCH, BACK DIAGONAL, TOUCH, SIDE, TOUCH

- 12 Step RF forward to R diagonal (1), Touch LF next to RF clapping hands (2)
- 34 Step LF to L side (3), Touch RF next to LF clapping hands (4)
- 56 Step RF back to R diagonal (5), Touch LF next to RF clapping hands (6)
- 78 Step LF to L side (7) Touch RF next to LF clapping hands (8)

Note: The step-touch combination should yield a box shape.

[17-24] GRAPEVINE R, TOUCH, GRAPEVINE L, BRUSH

- 12 Step RF to R side (1), Step LF behind RF (2)
- 34 Step RF to R side (3), Touch LF next to RF (4)
- 56 Step LF to L side (5), Step RF behind LF (6)
- 78 Step LF to L side (7), Brush RF forward (8)

[25-32] ROCKING CHAIR, HEEL STRUTS R, ¼ L HEEL STRUTS L

- 12 Rock forward onto RF (1), Recover onto LF (2)
- 34 Rock back onto RF (3), Recover onto LF (4)

*Push arms upwards and outwards to sides during counts 1-4 with palms facing forwards to coincide with the lyrics "I'm Alive!"

56 Touch R Heel forward (5), Drop weight onto RF (6)

78 Make ¼ turn L Touching L Heel forward (7), Drop weight onto LF (8)

(Start the dance again facing 9:00)

***Alternative - Hold hands with the person next to you throughout the dance until count 28, drop the hand holding during count 29 to 32.

Reconnect with different dancers next to you and hold hands to execute the next rotation. Repeat the same process.

Have fun!

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