

Mangu 420

Compte: 64

Mur: 4

Niveau: Low Intermediate



Chorégraphe: Jun Andrizarl (INA) & Lily Kho (INA) - June 2025

Musique: Mangu (Whisnu Santika Edit) - Fourtwnnty, Whisnu Santika & Charita Utami

I. WALK FWD R - L , LOCK SHUFFLE , ROCK FWD , BACK SHUFFLE

- 1-2 Walk fwd on R - L
 - 3&4 Step R fwd , lock L behind R , Step R fwd
 - 5-6 Rock L fwd , recover on R
- Bgt7&8 Step L back , Step R beside L , Step L back**

II. STEP BACK , HOLD , RECOVER , HOLD , VINE RIGHT

- 1-2 Step R back , hold
- 3-4 Recover on L , hold
- 5-6-7-8 Step R side , Cross L behind R , Step R side , Touch L beside R

III. VINE LEFT , 1/4 TURN LEFT , ROCKING CHAIR

- 1-2 Step L side , Cross R behind L
- 3-4 1/4 turn left step L fwd , Brush on R
- 5-6 Step R fwd , recover on L
- 7-8 Step R back , recover on L

IV. STEP SIDE , TRIPLE STEP (R-L)

- 1-2 Step R side , recover on L
- 3&4 Step R to L , Step L inplace , Step R to L
- 5-6 Step L side , recover on R
- 7&8 Step L to R , Step R inplace , Step L to R

#Restart here on Wall 2&4 - Tag here on Wall 3

V. ROCK FWD , SHUFFLE 1/2 TURN RIGHT , PIVOT 1/4 TURN RIGHT , CROSS SHUFFLE

- 1-2 Rock R fwd , recover on L
- 3&4 1/4 turn right Step R side , Close L to R , 1/4 turn right Step R fwd
- 5-6 Step L fwd , 1/4 turn right Step R side
- 7&8 Cross L over R , Step R side , Cross L over R

VI. MODIFIED RUMBA BOX

- 1-2 Step R side , Close L to R
- 3&4 Step R fwd , Step L beside R , Step R fwd
- 5-6 Step L side , Close R to L
- 7&8 Step L back , Step R beside L , Step L back

VII. 1/4 TURN RIGHT , BODY SIDE ROLL R-L

- 1-2 1/4 turn right Step R side with body side roll , recover on L
- 3-4 Step R beside L , Hold
- 5-6 Step L side with body side roll , recover on R
- 7-8 Step L beside R , Hold

VIII. PIVOT 1/2 TURN LEFT , SHUFFLE FWD , 1/2 TURN RIGHT ,

- 1-2 Step R fwd , 1/2 turn left Step L fwd
- 3&4 Step R fwd , Step L beside R , Step R fwd
- 5-6 Step L fwd , 1/2 turn right Step R fwd
- 7-8 Stomp L fwd with head roll , Hold

Noted : Dancing with Kizomba Style

#Restart : on Wall 2 & 4 , after 32 Count

#Tag 8 Count : on Wall 3 After 32 Count & Ending Wall 6

1234 Step R fwd , Hold , 1/2 turn left Step L fwd , Hold

5678 Step R fwd with Make body roll from front to back 2X , Flick on R
