

Reggaeton Lento

Compte: 48

Mur: 2

Niveau: Phrased Improver

Chorégraphe: Berna Hardanti (INA) - June 2025

Musique: Reggaeton Lento (Bailemos) - CNCO



Note :

- intro (8C)

- sequence: AAB AAB AAB BBB AA* A

- Part A: 32C & Part B: 16C

PART A (32 Counts)

S1# SAMBA WHISK (R - L) - TOE TOUCH (FWD - SIDE) - SAILOR STEPS

1a2 step RF to side, slightly cross LF behind RF, recover on RF
3a4 step LF to side, slightly cross RF behind LF, recover on LF
5, 6 toe touch RF fwd, toe touch RF to side
7&8 cross RF behind LF, close LF next to RF, step RF to side

S2# CROSS SHUFFLE - 1/2 R CROSS SHUFFLE - SIDE MAMBO (L - R)

1&2 cross LF over RF, step RF to side, cross LF over RF
3&4 1/2 turn R cross RF over LF, step LF to side, cross RF over LF
5&6 step LF to side, recover on the RF, close LF next to RF
7&8 step RF to side, recover on the LF, close RF next to LF

(Restart HERE for A*)

S3# 1/4 L DIAMOND TURN - SYNCHOPATED FWD LOCK SHUFFLE

1&2 cross LF over RF, 1/8 turn L step RF back, step LF back with RF hitch
3&4 step RF back, 1/8 turn L step LF to side, step RF fwd
5&6& step LF fwd, lock RF behind LF, step LF fwd, lock RF behind LF
7&8 step LF fwd, lock RF behind LF, step LF fwd

S4# 1/4 R CROSS SAMBA (R - L) - V STEP

1a2 1/4 turn R cross RF over LF, step LF to side, recover on the RF
3a4 cross LF over RF, step RF to side, recover on the LF
5, 6 step RF diagonally fwd, step LF diagonally fwd
7, 8 step RF back to center, close LF next to RF

PART B (16 Counts)

S1# OUT - OUT - FWD WALK (R - L) - CROSS SHUFFLE (R - L)

1, 2 step RF to side, step LF to side
3, 4 step RF fwd, step LF fwd
5&6 cross RF over LF, step LF to side, cross RF over LF
7&8 cross LF over RF, step RF to side, cross LF Over RF

S2# FWD MAMBO - BWD MAMBO - 1/2 L PIVOT - FWD - CLOSE

1&2 step RF fwd, recover on the LF, step RF back
3&4 step LF back, recover on the RF, step LF fwd
5, 6 step RF fwd, 1/2 turn L recover on the LF
7, 8 step RF fwd, close LF next to RF

ENJOY THE DANCE

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