

Sonido Del Silencio

Compte: 56

Mur: 4

Niveau: Improver

Chorégraphe: Isabel Payeras (ES) - June 2025

Musique: The Sound of Silence (CYRIL Remix) - Disturbed



Hoja redactada por Marita Torres

TAG 1 after wall 1(6:00), after wall 2 (12:00), after wall 3(6:00), after wall 4(12:00),

TAG 2 after wall 5(6:00)

SEQUENCE: WALL 1, tag 1(6:00), WALL 2, tag 1(12:00), WALL 3, tag 1(6:00), WALL 4, tag 1(12:00), WALL 5, tag 2(6:00), Wall 6

SEC.1 CROSS, SIDE, SAILOR 1/4 TURN RIGHT, 1/4 RIGHT CHASSE LEFT, 1/2 RIGHT CHASSE (12:00)

- 1-2 RF cross over LF, LF side left
- 3&4 1/4 right RF behind LF, LF side left, RF side right
- 5&6 1/4 right LF to side left, RF next to LF, LF side left
- 7&8 1/2 right RF to side right, LF next to RF, RF to side right (12:00)

SEC.2 ROCK FORWARD, COASTER STEP, HEEL GRIND 1/4 RIGHT, COASTER STEP

- 1-2 LF rock forward, recover to RF
- 3&4 LF back, RF back, LF forward
- 5-6 RF heel forward, RF heel 1/4 right
- 7&8 RF back, LF back, RF forward (3:00)

SEC.3 TOE STRUT, 1/2 RIGHT TOE STRUT, WALK X 2, SHUFFLE FORWARD

- 1-2 LF toe forward, LF drop heel
- 3-4 1/2 turn right RF toe forward, RF drop heel
- 5-6 LF forward, RF forward
- 7&8 LF forward, RF next to LF, LF forward (9:00)

SEC 4 ROCK AND ROCK, POINT RIGHT AND LEFT, HEEL, FLICK

- 1-2& RF rock side right, recover to LF, RF next to LF
- 3-4& LF rock to side left, recover to RF, LF next to RF
- 5&6& RF toe to side right, RF next to LF, LF toe to side left, LF next to RF
- 7-8 RF heel forward, RF flick back (9:00)

SEC 5. WALK, WALK- SHUFFLE, WALK, WALK- SHUFFLE (TURNIG 3/4 RIGHT)

- 1-2 1/8 right RF forward, 1/8 right LF forward
- 3&4 1/8 right RF forward, LF next to LF, RF forward
- 5-6 1/8 right LF forward, 1/8 right RF forward,
- 7&8 1/8 right LF forward, RF next to LF, LF forward (6:00)

SEC 6. MAMBO RIGHT AND LEFT, VAUDEVILLE RIGHT AND LEFT

- 1&2 RF rock side right, recover to LF, RF next to LF
- 3&4 LF to side left, recover to RF, LF next to RF
- 5&6& RF cross over LF, LF to side left, RF heel forward, RF next to LF
- 7&8& LF cross over RF, RF to side right, LF heel forward, LF next to RF (6:00)

SEC 7. ROCK FORWARD, SHUFFLE 1/2, SHUFFLE, 1/2, ROCK BACK

- 1-2 RF rock forward, recover to LF
- 3&4 RF 1/4 right, LF next to RF, RF 1/4 right
- 5&6 1/2 right LF back, RF next to LF, LF back
- 7-8 RF rock back, recover to LF (At the end of wall 6, make the gesture of silence)

TAG 1: JAZZBOX

1-2-3-4 RF cross over LF, LF back, RF back, LF forward

TAG 2: JAZZBOX X 2, ROCK SIDE RECOVER

1-2-3-4 RF cross over LF, LF back, RF back, LF forward

1-2-3-4 RF cross over LF, LF back, RF back, LF forward

5-6 RF rock to side right, recover to LF

Last Update: 27 Jun 2025
