

Dame Un Grrr

Compte: 80

Mur: 1

Niveau: Improver

Chorégraphe: Santy Sept (INA) - July 2025

Musique: Dame Un Grrr - Fantomel & KATE LINN



Intro : 32 counts (Start at approx 00:16)

Sequence : A, B, C, A, A, B (14counts), C, A

PART A (32 counts) :

S1. * FORWARD - SIDE TOUCH - CROSS SHUFFLE - SIDE ROCK - CROSS BEHIND - SIDE - CROSS OVER *

1-2 Step R forward, Touch L to side
3&4 Cross L over R, Step R to side, Cross L over R
5-6 Rock R to side, Recover on L
7&8 Cross R behind L, step L to side, Cross R over L

S2. * FORWARD - 1/2L SHUFFLE - SAMBA CROSS (R-L)*

1-2 Step L forward, recover on R
3&4 1/4 turn Left step L to side, Close R beside L, 1/4 turn Left step L forward (06:00)
5&6 Cross R over L, Rock L to side, Recover on R
7&8 Cross L over R, Rock R to side, Recover on L

S3. *3/4R WALK AROUND - FORWARD MAMBO - BACK MAMBO*

1-2 Step R forward, Turn 1/4 Right Step L forward
3-4 Turn 1/4 Right Step R forward, Turn 1/4 Right Step L forward (03:00)
5&6 Rock R forward, Recover on L, Step R back
7&8 Rock L back, Recover on R, Step L forward

S4. *3/4R WALK AROUND - SIDE MAMBO (R-L)*

1-2 Step R forward, Turn 1/4 Right Step L forward
3-4 Turn 1/4 Right Step R forward, Turn 1/4 Right Step L forward (12:00)
5&6 Rock R to side, Recover on L, Close R beside L
7&8 Rock L to side, Recover on R, Close L beside R

PART B (16 counts) :

S1. * BIG STEP - CHEST PUMP (2x) *

1-2 Big step R to side , Close L beside R
3&4 Pump chest in , Pump chest out, Pump chest in
5-6 Big step L to side , Close R beside L
7&8 Pump chest in , Pump chest out, Pump chest in

S2. * V STEP - SHIMMY - HIPROLL CLOCKWISE *

1-2 Step R diagonal forward, Step L diagonal forward
3-4 Step R back to center, Close L beside R
5-6 Shimmy Shoulder
7-8 Rolling hip form Right to left (Clockwise)

PART C (32 counts) :

S1. * FORWARD DIAGONAL - RECOVER - FORWARD - CLOSE TOUCH *

1-2 Step R diagonal forward, recover on L
3-4 Step R diagonal forward, Touch L close beside R
5-6 Step L diagonal forward, recover on R
7-8 Step L diagonal forward, Touch R close beside L

S2. * BACK DIAGONAL - CLOSE TOUCH (R-L) - 1/2L PIVOT - WALK FORWARD *

1-2 Step R diagonal back, touch L close beside R
3-4 Step L diagonal back, Touch R close beside L
5-6 Step R forward, 1/2 turn left recover on L
7-8 Step R forward, Step L forward

S3. *REPEAT S1*

S4. *REPEAT S2*

Hope You enjoy the dance ^^
Stay Healthy & Happy Dancing !

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