Arabella

Niveau: Improver

Chorégraphe: Leonie Heinze (DE) - June 2025

Musique: Arabella - Nathan Evans & SAINT PHNX

Begin at: "There's a ... "

Compte: 32



S1 Lock Shuffle Forward to diagonal R+L, Heel R+L, Toe Touch R, Clap Twice

- Step R fwd into R diagonal, lock L behind R, step R fwd into R diagonal 1&2 -
- 3&4 -Step L fwd into L diagonal, lock R behind L, step L fwd into L diagonal
- 5 Touch R heel forward
- & -Step R together
- 6 Touch L heel forward
- & -Step L together
- 7 Touch R Toe forward
- **&**8 Clap twice & Weight on R Foot on 8 (12:00)

S2 Rock, Recover, ½ Turn Shuffle to L , Rock, Recover, ½ Turn R, Hop with Hitch R

- 1-2 -Rock L fwd, recover back on R,
- 3&4 -Make ¹/₂ turn over: Step L fwd, step R together, step L fwd, (6:00)

(Variation: &4 – Make Full turn over Turn 3-Step turn to L)

- 5-6 -Rock R fwd, recover back on L,
- 7 Make 1/2 turn over R stepping R fwd
- 8 Hop on L and Hitch Right knee (12:00)

S3 Kick Front, Side, Sailorstep ¼ to R, Kick Front, Side, Sailorturn ¼ to L

- 1-2 -Kick R fwd, Kick R to R side,
- 3&4 -Step R back behind L while beginning to turn ¼ R, step L to L side, step R slightly to R (3:00)
- 5-6 -Kick L fwd, kick L to L side,
- 7&8 -Step L back behind R while beginning to turn ¼ L, Step R to R side, step L slightly to L (12:00)

S4 Shuffle Forward, Rock, Recover, Kick with L, Kick ¼ Turn L, Coasterstep

- 1&2 -Step R fwd, step L together, step R fwd,
- 3-4 -Rock L fwd, recover weight back onto R
- 5-6 -Kick twice with L turning 1/4 to L (9:00)
- 7 Step L behind R
- & -Step R to R side
- 8 Step L slightly fwd

***3 Tags

**2 Restarts

TAG + Including two Stomps - Jazz Box R, Rocking Chair, Stomp twice

- R cross over L 1 –
- 2 L back
- 3 R to R side
- 4 -L fwd
- 5-6 -Rock R fwd, recover weight back onto L
- 7-8 Rock R bwd, recover weight back onto L
- 1-2 -Stomp twice with R

→ After Wall 1 Facing 9:00, Add Two Stomps on 1-2, then start with S1 again

TAG – Jazz Box R, Rocking Chair

Mur: 4

- 1 R cross over L
- 2 L back
- 3 R to R side
- 4 L fwd
- 5-6 Rock R fwd, recover weight back onto L
- 7-8 Rock R bwd, recover weight back onto L

Tags on Wall 4 (facing 3:00) and Wall 7 (facing 9:00) after 16 Counts

Ending: after 16 Counts at Hop with Hitch