Suga Boom Boom

Niveau: Phrased Intermediate

Chorégraphe: Michelle Gates (USA) - March 2025

Musique: Suga Boom Boom (feat. LadyDice) - DL Down3r

Winner WE Line Dance Workshop 2025 - Intermediate Choreography Competition No tags or restarts

Sequence: AAB AAB AAB AA

Compte: 64

Intro: start on 3rd beat of lyrics (the 2nd "Boom") about 2 seconds in. (ie: Sugar boom GO)

Part A. 16c

Part A: 16c	
(1-8) TRIPI	E RIGHT, ROCK RECOVER BACK, BACK LOCK STEP, COASTER STEP (12:00)
1&2	Step RF front, step LF front, step RF front
3 & 4	Rock LF front, Recover RF back, step LF back
5&6	Step RF back, step LF slightly ahead of RF, step RF back
7 & 8	Step LF back, Step RF back, Step LF front
(9-16) HIP	ROLL RIGHT, HIP ROLL LEFT, RIGHT SCISSOR, LEFT SCISSOR (12:00)
1 - 2	Step RF to side, sway hips to right
3 - 4	Step LF to side, sway hips to left
5&6	Step RF to right side, step LF next to RF, cross RF in front of LF
7 & 8	Step LF to left side, step RF next to LF, cross LF in front of RF
B:	
(17-24) RIC	GHT STEP CHUG BACK, BEHIND AND CROSS, SWIVET STEP (6:00)
1-2	RF touch to right side, ¼ turn RF touch back,
3-4	⅓ turn RF touch back, ¼ turn RF touch back
5&6	RF behind LF, LF side, RF cross in front of LF
7 & 8	LF step next to RF, (weight on ball of LF, heel of RF) swivel heels to L/ toes to R, return fee to center
(25-32) ST	EP, HEEL, HEEL, STEP, x3 (CATERPILLAR), POINT RIGHT, POINT LEFT (6:00)
1&2&	Step RF ¼ toes facing right, turn LF heel ¼ toes facing left, straighten up RF toes forward, step LF next to RF
3&4&	Step RF ¹ / ₄ toes facing right, turn LF heel ¹ / ₄ toes facing left, straighten up RF toes forward,

- ep KF ¼ toes facing right, turn LF heel ¼ toes facing left, straighten up RF toes forward, 3&4& step LF next to RF
- 5&6& Step RF ¼ toes facing right, turn LF heel ¼ toes facing left, straighten up RF toes forward, step LF next to RF
- 7&8 Point right to right, step right beside left, point left to left

(33-40) LEFT STEP CHUG BACK, BEHIND AND CROSS, SWIVET STEP (12:00)

- LF touch, 1/8 turn LF touch back, 1-2
- 1/8 turn LF touch back, 1/8 turn LF touch back 3-4
- 5&6 LF behind RF, RF side, LF cross in front of RF
- 7 & 8 RF step next to LF, (weight on ball of LF, heel of RF) swivel heels to L/ toes to R, return feet to center

(41-48)MAMBO RIGHT, MAMBO LEFT, BACK DRAG POP, TRIPLE FORWARD (12:00)

- 1&2 Step RF to R side, step LF in place, step RF next to LF
- 3&4 Step LF to L side, step RF in place, step LF nex to RF
- 5-6 Step R a big step back sliding LF towards RF, step LF next to RF popping R knee fwd



feet



Mur: 2

7&8 Step RF front, step LF front, step RF front

(49-56) SYNCOPATED LOCK STEP x 2, STEP, PONY STEP BACK x 2 (12:00)

- 1&2& Step LF to L diagonal, Lock RF behind LF, Step LF forward to L diagonal, Step RF to R diagonal
- 3&4 Lock LF behind RF, Step RF to R diagonal, Step LF forward
- 5&6 Step RF back hitching L knee, step LF beside RF, step RF back hitching L knee
- 7&8 Step LF back hitching R knee, step RF beside LF, step LF back hitching R knee

(57-64) SYNCOPATED RIGHT ROCK, LEFT ROCK, FRONT ROCK, RIGHT ½ TURN, BALL STEP (6:00)

- 1-2& RF rock out to R side, LF step in place, RF ball step next to LF
- 3-4& LF rock out to L side, RF step in place, LF ball step next to RF
- 5-6& RF rock forward, LF step in place, RF step beside L foot
- 7-8& LF forward, ½ turn R over R shoulder taking weight on RF, LF ball (the step is the 1st count of the beginning)

Alternate ending to face forward:

At the end of part A on the 4th set, do right scissor, LF step, ½ turn over right shoulder and RF to side to face forward.