

Be Bop Alula

Compte: 32

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Sylvia Triwidijatsih (INA) - July 2025

Musique: Be Bop a Lula - Scooter Lee

Intro : 48 Count

SECT 1 : GRAPEVINE R - KICK - GRAPEVINE L - KICK

- 1-2 Step R to right side, Step L behind R
- 3-4 Step R to right side, Kick L forward to left diagonal
- 5-6 Step L to left side, Step R behind L
- 7-8 Step L to left side, Kick R forward to right diagonal

SECT 2 : BACK - TOUCH - FORWARD - TOUCH - WALK BACK R L R - CLOSE

- 1-2 Step back on R, Touch L in place
- 3-4 Step forward on L, Touch R in place
- 5-6 Walk back R, L
- 7-8 Walk back R, Step L beside R

(Count 5-8 Shimmy shoulders)

SECT 3 : FORWARD - BRUSH

- 1-2 Step forward on R, Brush L
- 3-4 Step forward on L, Brush R
- 5-6 Step forward on R, Brush L
- 7-8 Step forward in L, Brush R

SECT 4 : JAZZBOX - TURN - CROSS - SIDE - HIPS BUMB

- 1-2 Cross R over L, 1/4 turn right Step back on L
- 3-4 Step R to right side, Cross L over R
- 5&6 Step R to right side Bumb Hipsto the right, Bumb hips to the left, Bumb Hips to the right
- 7&8 Bump Hips to the left, Bumb Hips to the right, Bumb Hips to the left

Enjoy the dance□□□

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