Let Go Of Your Heart

Niveau: Beginner

Chorégraphe: Daniel Exton (UK) - July 2025 Musique: Babylon - David Gray

Compte: 32

Intro: 32 Counts. Start at approx 17 secs. Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 CROSS ROCK, RECOVER, CHASSE, CROSS ROCK, RECOVER, CHASSE 1/4

- 1-2 Cross Rock Right over Left, Recover onto Right
- 3&4 Right to Right side, Left next to Right, Right to Right side
- 5-6 Cross Rock Left over Right, Recover onto Right
- Chasse Left-Right-Left with 1/4 turn Left (9:00) 7&8

SEC 2 ROCK, RECOVER, BACK, BACK, ROCK BACK, RECOVER, KICK BALL CHANGE

- 1-2 Rock forward on Right foot, Recover onto Left
- 3&4 Shuffle back Right-Left-Right
- 5-6 Rock Back on Left foot, Recover onto Right
- 7&8 Kick Left foot out, Left next to Right, Right next to Left (Weight on L

Restart Here on Wall 5

SEC 3 SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS

- 1-2 Right to Right side, Left next to Right
- 3&4 Rock Right to Right side, Recover onto Left, Cross Right over Left
- 5-6 Left to Left side, Right next to Left
- 7&8 Rock Left to Left side, Recover onto Right, Cross Left over Right

SEC 4 STEP, ¼, STEP, ¼, CROSS, BACK ¼ TURN, SIDE ROCK, RECOVER

- Right foot forward, 1/4 turn Left (6:00) 1-2
- 3-4 Right foot forward, ¹/₄ turn Left (3:00)
- 5-6 Cross Right over Left, Left foot back with 1/4 turn Right (6:00)
- 7-8 Rock Right to Right side, Recover onto Left

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