

Irie

Compte: 32

Mur: 2

Niveau: Absolute Beginner



Chorégraphe: R and R Line Dancing (USA) - July 2025

Musique: Til A Mawnin (feat. Sting) - Shaggy

Begin the dance on Sting's vocals 32 Counts

No tags and no restarts

(1-8) Step Touch, Side Steps

1,2,3,4 Step R Touch L Step L Touch R

5,6,7,8 Step R Side Step, Step L Next to R, Step R Side Step, Touch L next to R

(9-16) Step Touch, Side Steps

1,2,3,4 Step L Touch R, Step R Touch L

5,6,7,8 Step L Side Step, R next to L, Step L Side Step, Touch R next to L

Styling Option:

Add claps at shoulder height on the step touches

(17-24) Heel Kicks x2, ¼ Turns x2

1,2,3,4 R Heel out, R next to L, L Heel out L next to R

5,6,7,8 Step R Forward, ¼ Turn L, Step R Forward, ¼ Turn L

Styling Option: Roll Hips as you make the turn, slightly bending in the knees

(25-32) Cross Points, Jazz Box

1,2,3,4 Cross R over L, Point L, Cross L over R, Point R

5,6,7,8 Cross R over L, Back Step L, Step R Next to L, Step L

The rhythm of reggae music allows for plenty of opportunities to add you own personal flair to this dance.

Enjoy!

Thank you for checking out our dance!!!

Questions: randrinedancing@gmail.com

Irie – is a Jamaican English adjective meaning nice, feeling good, happy or pleasing. Used by Rastafarians as a friendly greeting!

"Til A Mawnin" is a Jamaican Creole phrase meaning until morning
