It Ain't Easy

Compte: 32

Niveau: High Beginner

Chorégraphe: Sheila Kenny (USA) - July 2025

Musique: It Ain't Easy - Teddy Swims

Intro: approx. 40 counts/ 24 sec On Vocals 2 Restarts

Sec. 1 Toe Strut x 2, Cross/Rock, Chasse'

- Step forward on Right Toe, Drop Right Heel 1.2
- 3,4 Step forward on Left Toe, Drop Left Heel
- 5,6 Cross Rock RF over LF, Recover weight on LF
- 7&8 Step RF to Right side, Slide LF next to RF, Slide RF to Right side

Sec. 2 Cross/Rock, Chasse', 1/4 Pivot Turn x 2

- Cross Rock LF over RF, Recover weight on RF 1,2
- 3&4 Step LF to Left side, Slide RF next to LF, Slide LF to Left side
- 5.6 Step RF forward and Pivot Turn 1/4 Left, Recover weight on LF (9:00)
- Step RF forward and Pivot Turn ¼ Left, Recover weight on LF (6:00) 7,8

Restart Here Wall 5 and Wall 12 (6:00)

Sec. 3 Rock/Recover, Back Coaster, ¼ Pivot Turn, Toe Drop/Cross

- Rock forward on RF, Recover weight back on LF 1.2
- 3&4 Step back on RF, Step LF next to RF, Step RF forward
- 5,6 Step LF forward and Pivot Turn ¼ Right, Recover weight on RF (9:00)
- 7,8 Cross LF over RF on Left Toe, Drop Left Heel

Sec. 4 Back Touch x 2, V-Step

- Step back on RF, Touch Left Toe next to RF 1,2
- 3,4 Step back on LF, Touch Right Toe next to LF
- 5,6 Step RF forward on Right Diagonal (10:00), Step LF forward on Left diagonal (8:00)
- Step RF back to Center (9:00), Step LF back next to RF 7,8

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Linedance South Dakota





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