

Hot & Heavy

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Barbara Kremm (USA) - July 2025

Musique: Hot & Heavy - Tyla Rodrigues



No Tags or Restarts

Dance Starts 20 seconds into the song on "loved him"

#1st 8 count- Stomp R, Hold, Stomp L, Hold, Walk Fwd R-L, Stomp R x2

1,2,3,4 Stomp RF forward(1), hold(2), stomp LF forward(3), hold(4)
5,6,7,8 Walk RF forward(5), walk LF forward(6), stomp RF x2 (7,8)

#2nd 8 count- Lindy R, Lindy L

1,&,2,3,4 Step RF to right(1), step LF beside RF(&), step RF to right(2), rock cross LF behind RF(3),
 recover on RF(4)
5,&,6,7,8 Step LF to left(5), step RF beside LF,(&), step LF to left(6), rock cross RF behind LF(7),
 recover on LF(8)

#3rd 8 count- R-Grapevine, Triple Step Turning ¼ Turn to Right, L-Rocking Chair

1,2,3,&,4 Step RF to right(1), step LF behind RF(2), step RF to right turning ¼ turn to right(3), step LF
 behind RF(&), step RF forward(4)
5,6,7,8 Rock forward on LF(5), recover on RF(6), rock back on LF(7), recover on RF(8)

#4th 8 count- L-V step, L- Toe Tap Front, L-Toe Tap Side, L-Flick Behind R-Knee

1,2,3,4 Step LF forward on a diagonal(1), step RF forward on diagonal(2), step LF back to center(3),
 step RF beside LF(4)
5,6,7,8 Tap LF toe forward(5), tap LF toe to left side(6), flick LF up behind RF knee, tap LF heel with
 right hand(7), replace LF beside RF(8)

Start over and Enjoy!!

I'd love to see your videos!!!

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