

Me & You, It Works!

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Alison Smith (UK) - July 2025

Musique: Me & You - Ella Henderson

#16 count intro, start on the lyrics – NO TAGS/NO RESTARTS

Section 1: HEEL, HOOK, STEP, SCUFF X2

1 4 Standing on L, heel dig R forward, hook R heel across L, step R forward, scuff L next to R
5 8 Heel dig L forward, hook L heel across R, step L forward, scuff R next to L

Alternative Option: Instead of a heel-hook (counts 1-2 & 5-6), replace with heel dig-toe touch

Section 2: STEP TOUCHES BACK X2, GRAPEVINE RIGHT

1 4 Step back R, tap L next to R, step back L, tap R next to L
5 8 Step R to right side, cross L behind R, step R to right side, tap L next to R

Section 3: LONG STEP TO LEFT, RIGHT & LEFT STOMPS, 2 X STEP TOUCHES

17 20 Make a long step to the left with L over 2 counts, Stomp R & L in place
21 24 Step R to right side, tap L next to R, step L to left side, tap R next to L

Section 4: LONG STEP TO RIGHT, LEFT & RIGHT STOMPS, GRAPEVINE LEFT WITH ¼ TURN LEFT

25 28 Make a long step to the right with R over 2 counts, Stomp L & R in place
29 32 Step L to left side, cross R behind L, step L ¼ turn to left (9 O'clock), Scuff R next to L

Styling: During the long steps in sections 3&4, spread your arms out to the side as you step.

Ending: At the 9 O'clock wall after grapevine right (counts 13 -16), the dance will end on count 17, the long step left: make a ¼ turn right and step L back to face front wall.

Contact:

Alison Smith

Email: wellbeingwithalison@gmail.com

Mobile: 07927 383122

Facebook: (4) Line Dancing with Alison Facebook

Website: www.wellbeingwithalison.co.uk