# The Ketchup Line Dance 

Compte: 0
Mur: 1
Niveau: Beginner line/contra dance
Chorégraphe: Bob Izral (USA)
Musique: Aserejé (The Ketchup Song) - Las Ketchup

## Sequence:

A
B counts 1-20 of B 4 more counts of wiggling (to remain facing forward during the guitar solo)
AB
A up to count 64 only (leave off the mambos)
B
Repeat counts 1-24 of Section B until the song fades out

## SECTION A

4 STROLLS WITH LATIN HIP MOVEMENTS
1-4 Step right diagonally forward, lock left behind, step right diagonally forward, hold
5-8 Step left diagonally forward, lock right behind, step left diagonally forward, hold
9-12 Step right diagonally forward, lock left behind, step right diagonally forward, hold
13-16 Step left diagonally forward, lock right behind, step left diagonally forward, hold

## 3 CROSS BALL CHANGES TRAVELING BACKWARD, ROCK STEP TURN

17-20 Cross right in front of left foot, step left backward, step right diagonally backward, hold
21-24 Cross left in front of right foot, step right backward, step left diagonally backward, hold
25-28 Cross right in front of left foot, step left backward, step right diagonally backward, hold
29-32 Rock left forward, replace right backward, pivot $1 / 2$ left \& step left forward, hold

## REPEAT COUNTS 1-32

33-64 Repeat counts 1-32 (4 strolls, 3 cross ball changes, rock step turn)

## 4 SIDE MAMBOS

65-68 Rock right to side, replace left, step right together, hold
69-72 Rock left to side, replace right, step left together, hold
73-76 Rock right to side, replace left, step right together, hold
77-80 Rock left to side, replace right, step left together, hold

## SECTION B

HAND JIVE, HITCHHIKES
Option: bump hips in this section: right, right, left, left, right, right, left, left
1\&2\& Cross right hand over left hand, pull hands apart, repeat 1\&
3\&4\& Cross left hand over right hand, pull hands apart, repeat 3\&
5\&6\& Hitchhike right thumb over right shoulder, bring right hand down, repeat 5\&
7\&8\& $\quad$ Hitchhike left thumb over left shoulder, bring left hand down, repeat 7\&

## SHAKE WATER FROM HANDS, POSE WITH KNEE KNOCKS, WIGGLE, STEP-TURN-STOMP-CLAP

| 9-12 | Raise both hands from the shoulders to the sky "shaking water from hands" for 4 counts and <br> bump hips: right, left, right, left |
| :--- | :--- |
| 13-16 | Knock knees together 4 times while placing right hand in front of forehead (palm forward) and <br> left hand behind back of head (palm forward) |
| $17-20$ | Any kind of wiggling (hip bumps, body rolls, shimmies, etc.) For 4 counts |
| $21-24$ | Step right forward, pivot $1 / 4$ left, stomp right in place, clap hands |

REPEAT COUNTS 1-24
25-48 Repeat counts 1-24 (hand jive thru step-turn-stomp-clap)

