Kimber's Twist



Compte: 32 Mur: 2 Niveau: Intermediate

Chorégraphe: Gloria Johnson (USA)

Musique: Good Girls Love Bad Boys - Kimber Clayton



KIMBER'S TWIST (REMEMBER CHUBBY CHECKER'S "TWIST"?)

1-4 Bending your knees, twist your body down5-8 Straightening your knees, twist your body up

TOE POINTS

9	Touch right heel in front
10	Touch right toe out to right side
11	Touch right toe behind
12	Stomp right foot next to left
13	Touch left heel in front
14	Touch left toe out to left side
15	Touch left toe behind
16	Stomp left foot next to right

CHARLESTON STEPS

17	Step forward on right foot
18	Kick left foot forward
19	Step back on left foot
20	Touch right toe behind
21	Step forward on right foot
22	Kick left foot forward
23	Step back on left foot
24	Stomp right foot next to left

JUMPING JACKS WITH TURN

25	Jump up landing with feet about 18 inches apart
26	Jump up landing with right foot crossed in front of left

27 Unwind body, turning ½ turn to the left

JUMPING JACKS

28	Jump up landing with right foot at 1:00 o'clock and left foot at 7:00 o'clock
29	Jump up landing with feet together
30	Jump up landing with right foot at 5:00 o'clock and left foot at 11:00 o'clock
31	Jump up landing with feet together
32	Jump forward on both feet landing with lots of "gusto" (in other words "make some noise")

REPEAT

On steps 29, 31, and 32, the more energetic dancers may want to "slam stomp" both feet when they land.