Lakeside Shuffle (P)



Compte: 64 Mur: 0 Niveau: Partner

Chorégraphe: Roz Morgan (USA) & Nat Morgan (USA)

Musique: Strong Enough - Cher



Position: Begin in Side by Side Cape Position (lady to right of man)

SHUFFLES, ROCK, RECOVER, WALKS

1&2	Shuffle to right side right, left, right
3&4	Shuffle to left side left, right, left

5-6 Rock back on right foot, recover on left foot

7-8 Walk forward right, left

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, PIVOT TURNS

1-2	Rock forward on right foot, recover on left foo
3-4	Rock back on right foot, recover on left foot

5-6 (Drop right hands) step forward on right foot, ½ turn left on left foot (under left arms)

7-8 Repeat

1/4 TURN, STEP, KICK, STEP, TOUCH, STEP, KICK

1-2	Step forward on right foot, step ¼ turn left on left foot (gentleman will step under ladies left
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arm and be directly in front of lady)

3-4 Step forward on right foot, kick left foot forward
5-6 Step back on left foot, touch right toe back
7-8 Step forward on right foot, kick left foot forward

CROSS, BACK, TURN, TOUCH, KICK BALL CHANGES

1-2	Cross left foot ove	r right foot step	back on right foot

3-4 ¼ left on left foot, touch right foot next to left foot (lady is on left of gentleman in hammerlock)

5&6 Kick right foot forward, step on ball of right foot, change weight to left foot

7&8 Repeat

VINE RIGHT WITH SCUFF, VINE LEFT WITH SCUFF

1-2	Step right foot to right side, step left foot behind right foot
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3-4 Step right foot to right side, scuff left foot forward5-6 Step left foot to left side, step right foot behind left foot

7-8 Step left foot to left side, scuff right foot forward

WALKS FORWARD, KICK, HIP BUMPS

1-2	Walk forward on right foot, walk forward on left foot
3-4	Walk forward on right foot, kick left foot forward

5-6 Step left on left foot as you bump your hips to left twice

7-8 Bump hips right, bump hips left

1/4 TURN UNDER LEFT ARMS, STEP, KICK, STEP, TOUCH, STEP, KICK

1-2	Drop right hands as you step forward on right foot and under left arm, step ¼ turn left on left
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foot (lady will step under right arms and be directly in front of gentleman)

3-4 Step forward on right foot, kick left foot forward
5-6 Step back on left foot, touch right toe back
7-8 Step forward on right foot, kick left foot forward

CROSS, BACK, TURN, TOUCH, STEP TOUCHES

1-2 Cross left foot over right foot, step back on right foot
3-4 ¼ turn left on left foot, touch right toe to left foot (you are now back in cape position)
5-6 Step right foot to right side, touch left toe to right foot
7-8 Step left foot to left side, touch right toe to left foot

REPEAT