Liquid Dreams



Compte: 0 Mur: 2 Niveau: Intermediate/Advanced

Chorégraphe: Nadine Kappes (DE)

Musique: Liquid Dreams - O-Town



Sequence: AB AB AB BB

PART A

ROCK STEP, SHUFFLE, ROCK STEP, COASTER STEP

1-2 Right foot rock forward, replace weight on left foot

Right foot step to right side, left foot next to right foot, ¼ turn to the right and right foot step

forward

5-6 Left foot rock forward, replace weight on right foot

7&8 Left foot step back, right foot next to left foot, left foot step forward

STEPS, TOUCHES, SNAKES BACK

1-2	Right foot step forward, left foot touch forward
3-4	Left foot step forward, right foot touch forward

5-6 Snake back over your right shoulder, on (6) weight is on right foot

&7-8 Bring feet together, right foot step back and snake back, bring feet together

DIAGONAL CROSS STEPS, MAMBO STEPS

1&2	Right foot step diagonal.	To the right forward,	left foot next to right to	foot cross in front of left
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foot

Left foot step diagonal. To the left forward, right foot next to left foot, left foot cross in front of

right foot

5&6 Right foot step to right side, change weight back to left foot, bring feet together weight is on

right foot

7&8 Left foot step to left side, change weight back to right foot, bring feet together weight in on left

foot

MAMBO STEP, ARM MOVEMENT, TOUCHES, BODY ROLL

1&2	Right foot step forward, change weight back to left foot, bring feet together
3&4	Left hand to right shoulder, left hand to left shoulder, left hand to your left cheek

5-6 Right foot touch forward, right foot touch back

7-8 Body roll with a ½ turn to the right, bring feet together

JUMP, TOUCHES, STEP

np with both feet
1

1 Right foot touch to right side

2-3 Right foot step forward, left foot touch forward
4 Turn ¼ turn to the right only with your head

&5 Left foot step back, next to right foot, right foot touch next to left foot

&6 Right foot a small step back, left foot touch forward

&7&8 Repeat &5&6

RONDE, SHUFFLE, ROCK STEP, ARM MOVEMENT

& Left foot next to right foo

1-2 With right foot a ½ turn ronde, at end right foot is next to left foot and weight is on right

3&4 With left foot shuffle to the left

5-6 Right foot rock back, replace weight on left foot

7&8 Push right fist to right side, right fist to the inside, right fist goes down

PADDLE TURN, STEP, LOCK, LOCK STEP

1&2&3&4& Start with right foot and make four ½ paddle turns 5-6 Right foot step forward, left foot lock behind right foot

7&8 Right lock step forward

34 TURN, LOCK STEP, KICK BALL TOUCH, SIT UP

1-2 Left foot cross in front of right, \(^3\)4 turn to the right

3&4 Left lock step forward

5&6 Right foot kick forward, right foot step in place, left foot touch forward

7-8 Sit up (bump hip down & up) at the end weight is on left foot

PART B

ROCK STEP, CROSS SHUFFLE, VAUDEVILLE STEPS

1-2 Right foot rock to right side, replace weight on left foot

3&4 Right foot cross in front of left, left foot step to left side, right foot cross in front of left

&5 Left foot step in place, kick right foot forward

Right foot small step back, left foot cross in front of right foot 87 Right foot small step to right side, kick left foot forward Left foot small step back, right foot touch next to left foot

STEPS, SHOULDER MOVEMENTS, BALANCE STEPS

1 Right foot step back

& Push left shoulder down and right shoulder up

2 Push left shoulder up and right shoulder down, turn your head to right side as far as you can

3-4 Left foot step in place, right foot next to the instep of left foot
5 Put your weight on ball of left foot and on heel of right foot
6 Change weight on heel of left foot and on ball of right foot
7 Change weight on ball of left foot and on heel of right foot

8 Replace weight on both feet

ARM MOVEMENTS, TOUCHES, ½ TURN SHUFFLE

With both hands make a big fist and push it diagonally up to right side

Push fist down in front of chest
Push fist diagonally up to left side
Push fist down in front of chest

Right arm diagonal right side up, left arm diagonal left side up
Right hand touch right shoulder, left hand touch left shoulder

4 Both arms down

5 Right foot touch right side, at same time right fist push up diagonally to left side

&6 Bring feet together, left foot touch left side, at same time left fist push up diagonally to right

side

7&8 Turning shuffle ½ to the left

ARM MOVEMENT, STEPS, SNAKES

1-2 Bring feet together and right arm diagonally right side up, left arm left side diagonally up (1),

hold (2)

3-4 Right foot step forward, left foot step next to right foot

5-6 Snake to the right7-8 Snake to the left

REPEAT