Little Bit O' Ballroom

Niveau: Intermediate waltz

Chorégraphe: Neil Hale (USA)

Compte: 48

Musique: La Valse De Pop - Geno Delafose & French Rockin' Boogie

STEP/SPIN, STEP, STEP; STEP, STEP, STEP

- 1-3 Step left forward and spin into 1/2 turn left, right step next to left, left step next to right
- 4-6 Step right back, left step next to right, step right forward
- 7-12 Repeat above 6 counts (12:00)

TWINKLES (NO FORWARD TRAVEL): CROSS-STEP, STEP/PIVOT, STEP; CROSS-STEP, STEP/PIVOT, STEP

- 1 Left cross-step in front of right
- 2 Right step to right side turning slightly left
- 3 Left step in place with body facing slightly left
- 4 Right cross-step in front of left
- 5 Left step to left side turning slightly right
- 6 Right step in place with body facing slightly right

TWINKLE (NO FORWARD TRAVEL): CROSS-STEP, STEP/PIVOT, STEP; STEP, STEP, STEP

- 1 Left cross-step in front of right
- 2 Right step to right side turning slightly left
- Left step in place completing 1/4 turn left (9:00) 3
- 4-5 Right step forward into ¼ turn left, left step in place into ¼ turn left, right step forward into ¼ turn left (12:00)

CROSS-ROCK, RECOVER, STEP; CROSS-ROCK, RECOVER, STEP

- 1-3 Left cross-rock behind right, recover weight to right, left step to left side
- 4-6 Right cross-rock behind left, recover weight to left, right step to right side

CROSS-ROCK, RECOVER, STEP; ROCK, RECOVER, STEP

- 1-3 Left cross-rock behind right, recover weight to right, left step to left side
- 4-6 Right rock back, recover weight to left, step right forward (12:00)

Advanced option:

5-6 Recover weight to left and spin ¹/₂ turn left, step back onto right and spin ¹/₂ turn left

STEP, SLIDE, HOLD; STEP, STEP, STEP:

1-3 Step left forward, right toe slide next to left, hold

Advanced option:

- 2-3 Draw right foot upward along the left leg, right kick forward
- 4-6 Step right back, left step next to right, step right back

ROCK, RECOVER, STEP; STEP, SLIDE, HOLD

- Left rock to left side, recover weight to right, left step in place into 1/4 turn left 1-3
- 4-6 Right step forward into 1/4 left, left toe slide next to right, hold (6:00)

REPEAT





Mur: 2