

Lonely Lady

COPPER KNOB
STEPSHEETS

Compte: 66

Mur: 4

Niveau: Intermediate / Advanced



Chorégraphe: Jan Wyllie (AUS)

Musique: A Woman Gets Lonely - Lisa Angelle

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|-------------|---|
| 1-2&3-4 | Rock/step forward on right, rock back on left, step right beside left, step forward on left, pivot ½ right (weight right) |
| 5-6&7-8 | Rock/step forward on left, rock back on right, step left beside right, step forward on right, pivot ½ left (weight left) |
| 9-10-11-12 | Step back on right, making ½ left step forward on left, rock/step forward on right, rock back on left |
| 13-14 | Make a full turn right back over right shoulder stepping right, left |
| 15&16 | Make a further ¼ turn right shuffle slightly to the right (right, left, right) |
| 17-18-19&20 | Rock/step forward on left, rock back on right, shuffle back left, right, left |
| 21-22-23&24 | Rock/step back on right, rock forward on left, shuffle forward right, left, right while making ½ turn left |
| 25-26-27&28 | Rock/step back on left, rock forward on right, shuffle forward left, right, left while making ½ turn right |
| 29-30-31-32 | Rock/step back on right, rock forward on left, step forward on right, pivot ¼ left transferring weight to left |
| 33-34 | Step forward on right, tap left behind right |
| &35&36 | Step back on left, tap right heel forward, step forward on right, tap left behind right (heel jack) |
| &37-38 | Step back on left, tap right heel forward, tap right heel forward |
| &39-40 | Step right beside left, step forward on left, pivot ¼ right transferring weight to right |
| 41&42& | Step left over right, step right to right, step left over right, step right to right (cross shuffle) |
| 43-44& | Cross/ rock left over right, rock back on right, step left slightly left |
| 45-46& | Cross/rock right over left, rock back on left, step right slightly right |
| 47-48 | Step forward on left, pivot ½ right transferring weight to right |
| 49-50-51-52 | Walk forward left, right, rock/step left to left, step right to right and slightly back |
| 53&54 | Step left across right, step back on right at right diagonal, step left to left diagonal |
| 55&56 | Step right across left, step back on left at left diagonal, step right to right diagonal |
| 57&58 | Step left across right, step back on right at right diagonal, step left to left diagonal |
| 59-60 | Step forward on right, pivot ½ left transferring weight to left |
| 61-62 | Rock weight back on right, making ½ turn left back over left shoulder step forward on left |
| 63&64 | Shuffle forward right, left, right |
| 65&66 | Shuffle forward left, right, left |

REPEAT

RESTART

On the 2nd wall, just dance up to the cross rock at count 44& and start the dance again.