

Lost'n'looking

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Darren Mitchell (AUS) & Cathryn Proudfoot (AUS)

Musique: Good Directions - Billy Currington



BACK, FORWARD, RIGHT HEEL-BALL CROSS

1-2-3&4 Rock back on right behind left, replace weight on left, touch right heel at 45 degrees, step back on right slightly behind left, step left across in front of right

RIGHT HEEL-BALL CROSS, SIDE ROCK

5&6-7-8 Touch right heel at 45 degrees, step back on right slightly behind left, step left across in front of right, rock step right to side, replace weight to left

RIGHT KNEE POPS WITH FINGER CLICKS

&1&2&3&4 Lift right heel bending right knee towards left leg, lower right heel to straighten leg, clicking right fingers down beside thigh at the same time as lowering heel, repeat 3 times taking weight on right on beat 4

BALL CROSS SHUFFLE, ¼ RIGHT, ¼ RIGHT

&5&6-7-8 Step back on left, step right across in front of left, step left to side, step right across in front of left, turn ¼ right stepping left back, turn ¼ right stepping right to side

LEFT HEEL-BALL CROSS, LEFT HEEL-BALL CROSS

1&2-3&4 Touch left heel at 45 degrees, step back on left slightly behind right, step right across in front of left, touch left heel at 45 degrees, step back on left slightly behind right, step right across in front of left

SIDE ROCK, BACK ROCK

5-6-7-8 Rock step left to side, replace weight on right, rock back on left behind right, replace weight on right

LEFT DOROTHY STEP, RIGHT LOCKING SHUFFLE TO 45 DEGREES

1-2&3&4 Step left forward to 45 degrees, lock step right behind left, step left to side, step right forward to 45 degrees, lock step left behind right, step right forward to 45 degrees

LEFT DOROTHY STEP, RIGHT LOCKING SHUFFLE TO 45 DEGREES

1-2&3&4 Step left forward to 45 degrees, lock step right behind left, step left to side, step right forward to 45 degrees, lock step left behind right, step right forward to 45 degrees

ROCK FORWARD, BACK, ½ LEFT, ½ LEFT, ¼ LEFT

1-2&3-4 Rock left forward to straighten up, rock back on right, turn ½ left to step left forward, turn ½ left to step right back, turn ¼ left to step left to side

CROSS SHUFFLE, SIDE ROCK

5&6-7-8 Step right across in front of left, step left to side, step right across in front of left, rock left to side, replace weight on right

LEFT SAILOR STEP WITH ¼ TURN LEFT, ROCK FORWARD BACK

1&2-3-4 Step left behind right, turn ¼ left stepping right together with left step left forward, rock step right forward, replace weight on left

BACK, DRAG, BALL-STEP, STEP

5-6&7-8 Step back on right, drag left toe back towards right, step left slightly back, step forward on right, step forward on left

SHUFFLE RIGHT FORWARD, STEP LEFT FORWARD

1&2-3 Step right forward, step left together with right, step right forward, step left forward

RIGHT MONTEREY ½ TURN, LEFT MONTEREY ¼ TURN, STEP RIGHT FORWARD

4-5-6-7-8 Touch right toe to side, turn back ½ right on ball of left foot stepping right together with left, touch left toe to side, turn ¼ left on ball of right foot stepping left together with right, step right forward

ROCK FORWARD, BACK, ½ LEFT SHUFFLE FORWARD

1-2&3&4 Rock left forward, replace weight on right, turn back ½ left, step left forward, step right together with left, step left forward

STEP ½ PIVOT TURN LEFT, SIDE ROCK

5-6-7-8 Step right forward, pivot turn ½ left taking weight on left, rock right to side, replace weight on left

REPEAT

RESTART

On walls 2 & 4, leave off last 8 counts and replace beat 56 (step right forward) with touch right slightly to side and restart from beginning

After count 9 on wall 6, there is a big down beat in the music. Replace the knee pops and finger clicks with the following 4 counts:

FLICK, STOMP, HOLD, HIP ROLL TO THE LEFT

&1-2-3-4 Flick right heel behind left leg, stomp right out to side, hold for one beat of music, roll hips full circle to the left finishing with weight on right

ENDING

The music slows towards the end of the song. Keep dancing at pace for the first 8 counts and do a hinge turn back ½ right to face the front
