# Loud 'n' Proud

Niveau: Intermediate

Chorégraphe: Johnny S. (UK)

Compte: 48

Musique: Redneck Woman - Gretchen Wilson

#### RIGHT & LEFT TOE FANS, KICK-BALL-CHANGE, PIVOT ½ TURN LEFT 1&2& Fan right toe to right, fan right toe back to center, fan right toe to right, fan right toe back to center 3&4& Fan left toe to left, fan left toe back to center, fan left toe to left, fan left toe back to center (weight on left) 5&6 Right kick ball change 7-8 Step right forward, pivot $\frac{1}{2}$ turn left (weight ends on left) WEAVE LEFT, ROCK-RECOVER-CROSS, WEAVE RIGHT, LEFT SAILOR ¼ TURN RIGHT & POINT 1&2& Cross-step right over left, step left to left side, cross right behind left, step left to left side 3&4 Rock right foot to right side, recover on left, cross right over left 5&6& Cross-step left behind right, step right to right side, cross left in front of right, step right to right side 7&8 Step left foot behind right, step right into 1/4 turn right, point left toe to left side CROSS, ¼ TURN LEFT. CHASSE LEFT, CROSS, ¼ TURN RIGHT, RIGHT SAILOR ¼ TURN RIGHT & POINT 1-2 Cross-step left over right, step right back into 1/4 turn left 3&4 Chasse left on left, right, left Dance up to here after the 2nd tag & restart dance again from beginning - facing back wall Cross-step right over left, step left back into 1/4 turn right 5-6 7&8 Sweep-cross right behind left, step left into 1/4 turn right, point right toe to right side HEEL-TURN ¼ LEFT, SIDE MAMBO, FORWARD MAMBO, JUMP-TOUCH-KICK 1& Touch right heel forward, on ball of left foot make 1/8 turn left & touch right beside left 2& Touch right heel forward, on ball of left foot make 1/8 turn left & touch right beside left 3&4 Rock-step right to right side, recover on left, step right beside left 5&6 Rock-step left foot forward, recover on right, step left beside right &7-8 Step-jump back on right, touch left toe in front of right, kick left foot forward (or click fingers / clap) CHASSE, ROCK-RECOVER, CHASSE, UNWIND 1/2 TURN LEFT 1&2 Chasse left on left, right, left 3-4 Cross-rock right over left, recover on left 5&6 Chasse right on right. Left, right 7-8 Touch left foot behind right, unwind <sup>1</sup>/<sub>2</sub> turn left (weight ends on left) RIGHT SAILOR, LEFT SAILOR WITH 1/4 TURN RIGHT, WALK TWICE, KICK BALL CHANGE 1&2 **Right sailor-step** 3&4 Left sailor-step with 1/4 turn right

- 5-6 Walk forward right, left
- 7&8 Right kick-ball-change

### REPEAT

## TAG

Always danced at front wall. Danced after 2nd & 4th sequence & danced twice after last sequence





**Mur:** 2

1-2 Skate forward on right, skate forward on left

At same time punch right and left hand into air above your head

3-4 Skate forward on right, skate forward on left

At same time punch right and left hand into air above your head

- 5&6& Run back right, left, right, touch left beside right
- 7-8 Stomp left foot slightly forward, stomp-up right beside left (weight ends on left foot)

#### RESTART

Dance up to count 20 after the 2nd tag & restart dance again from beginning, facing back wall