Love Certified



Compte: 48 Mur: 4 Niveau: Intermediate

Chorégraphe: Yvonne Anderson (SCO) & Mark Cosenza (USA)

Musique: Love Certified - Ronnie Milsap/Patti Labelle



STEP BACK, TOUCH AND LOOK, SHUFFLE FORWARD, STEP, TOGETHER, HEEL DROP, STEP, TOGETHER, HEEL DROP

1-2	Step right back, touch left toes beside right as you look back over your right shoulder and
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snap fingers to right side

3&4 Step left forward, step right beside left, step left forward

Step right forward to right diagonal, step left beside right raising heels, drop heels to floor

Step left forward to left diagonal, step right beside left raising heels, drop heels to floor

2 X 1/4 PADDLE TURN LEFT, KICK-BALL-POINT, 1/4 LEFT WITH SHOULDER ROLL, COASTER STEP

1&2 On ball of left make ¼ turn left and touch right toes to side, hitch right knee, on ball of left

make ¼ turn left and touch right toes to side (6:00)

3&4 Kick right forward, step ball of right beside left, touch left toes to left

5-6 With left toes still touching floor pull right shoulder up and back, make ¼ turn left weight ends

on right and left toes are touching forward hell is raised (3:00)

7&8 Step left back, step right beside left, step left forward

CROSS WALKS FORWARD RIGHT AND LEFT, STEP LOCK, BALL-½ TURN-TOUCH. ¼ TURN HIP BUMPS

1-2	Step right forward to left diagonal, step left forward to right diagonal

3-4 Step right forward, lock left behind right

&5-6& Step ball of right forward, on ball of right make ½ turn left and touch left heel forward, hold

(9:00)

&7&8& Making ¼ turn left step left beside right, bump hips right, bump hips center, bump hips right

weight remains on left throughout (6:00)

CROSS, POINT, STEP, ½ TURN KICK, ¼ TURN WEAVE, HINGE ½ TURN

1-2	Cross right in front of left, point left side	loft.
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3-4 Step left forward and squat down (keep it small), make ½ turn right and kick right forward

5&6 Making ¼ turn right step right behind left, step left to side, step right across left

7-8 Step left to side, on ball of left make ½ turn right stepping right to side

MAMBO ROCKS DIAGONALLY FORWARD AND BACK, MAMBO 1/4 TURN TOUCH

1&2	Rock left foot forward, recover weight on right, step left beside right and clap hands
3&4	Rock right foot forward, recover weight on left, step right beside left and clap hands

Rock left behind right, recover weight on right, step left to left

7&8 Making ¼ turn right rock right behind left, recover weight on left, touch right beside left

CROSS WALKS FORWARD RIGHT AND LEFT, STEP LOCK, BALL-½ TURN-TOUCH. ¼ TURN HIP BUMPS

1-2	Step right forward to le	eft diagonal, step left	forward to right diagonal

3-4 Step right forward, lock left behind right

Step ball of right forward, on ball of right make ½ turn left and touch left heel forward, hold Making ¼ turn left step left beside right, bump hips right, bump hips center, bump hips right

weight remains on left throughout

REPEAT

