

Love It

Compte: 32

Mur: 1

Niveau: Improver



Chorégraphe: Jo Miller (USA)

Musique: 24-7-365 - Neal McCoy

SAILOR 3X, POINT AND HOLD

- 1&2 Swing right foot behind left and step on it, step ball of left foot to left, step right foot the right
- 3&4 Swing left foot behind right and step on it, step ball of right foot to right, step left foot to the left
- 5&6 Swing right foot behind left and step on it, step ball of left foot to left, step right foot to the right
- 7-8 Point left foot to left side and hold for count 8

POINT-HOLD 2X, ROCK FORWARD & BACK, SAILOR ½ TURN LEFT

- &1-2 Step forward onto left, pointing right to right side, and hold
- &3-4 Step forward onto right, pointing left to left side, and hold
- 5-6 Rock forward onto left foot, rock back onto right foot
- 7&8 Swing left foot behind right into a ½ turn to the left and step on it, step right to right side, step left to left side

SHUFFLE FORWARD 2X, ¼ TURN TO LEFT 2X

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5-8 Step forward on right, ¼ to left ending with weight on left foot, repeat

KICK-BALL-CROSS 3X, STEP AND HOLD

- 1&2 Kick diagonally left with the right foot, step ball of right foot next to left, step left foot across in front of right foot
- 3&4 Kick diagonally left with the right foot, step ball of right foot next to left, step left foot across in front of right foot
- 5&6 Kick diagonally left with the right foot, step ball of right foot next to left, step left foot across in front of right
- 7-8 Take a big step to the right, letting left foot point out to left side and hold

Let the left foot swing around behind the right to begin the sailor

REPEAT
