

# Love Note In A Bottle

Compte: 56

Mur: 4

Niveau: Advanced

Chorégraphe: Judith Campbell (NZ)

Musique: Jackie's House - Trisha Yearwood



## CROSS ROCKS, SYNCOPATED VINE, STEP FULL BACKWARD SWEEP

- 1-2&3 Step/cross rock left over to right, recover onto right, step left next to right, cross rock right over left
- 4&5& Recover onto left, step right next to left, step left over right, step right to right
- 6&7-8 Step left behind right, step right to right, step left in place, sweep right foot in a full turn to right bringing right foot in to left

## CROSS, SIDE CROSS, SWEEP, ROCK, RECOVER, BACK LOCK, COASTER

- 1&2 Step right across left, step left to left, step right across left
- &3-4 Sweep left around to front, rock forward onto left, recover onto right
- 5&6 Step back on left, lock right over left, step back on left
- 7&8 Step back on right, step left next to right, step forward on right (coaster)

## SMALL HITCH SHUFFLE 45 DEGREES RIGHT, HITCH SHUFFLE 135 DEGREES LEFT, HITCH SHUFFLE full turn RIGHT, BACK HEEL, FORWARD, TAP

- &1&2 Small hitch to ankle with left foot, turning 45 degrees right shuffle forward left-right-left
- &3&4 Small hitch with right foot, turning ¼ plus 45 degrees left shuffle forward right-left-right
- &5&6 Small hitch with left foot, turning a full turn right shuffle forward left-right-left
- &7&8 Step back on right, place left heel forward, step left foot next to right, tap right toe behind left foot (9:00)

## DOUBLE ROLL TO RIGHT, 2 HIP PUSHES RIGHT, LEFT, ROLL TO LEFT, 3 HIP PUSHES

- 1&2& Turning ¼ right stepping forward on right foot, turning ½ to right step left next to right, turning ¼ to right step right to right side, step left next to right turning ½ right
- 3-4 Turning ½ right stepping right foot to right side into hip push right, hip push to left
- &5&6 Step right next to left, turning ¼ left stepping forward on left foot, turning ½ to left step right next to left, turning ¼ to left step left to left side
- 7&8 Hip pushes right-left-right

## (&), SIDE ROCK RECOVER, COASTER, (&), SHUFFLE FORWARD, STEP ¼ RIGHT, CHANGE WEIGHT

- &1-2 Step left next to right, side rock to right, recover onto left
- 3&4 Step back on right, step left next to right, step forward on right (coaster)
- &5&6 Step left next to right, shuffle forward on right (right-left-right)
- 7-8 Step forward on left turning ¼ to right lifting right heel up, lower right heel and lift up left heel

## CROSS SAMBA MOVING ON DIAGONAL RIGHT, SAILOR SHUFFLE MOVING ON DIAGONAL LEFT, (&), STEP HOOK FULL TURN TO LEFT, STEP, (&) - LOCK STEP:

- 1&2 Step left across right, step right to right, step left in place (body on slight angle to left corner)
- 3&4 Step right behind left, step left to left, step right in place (body still on same angle)
- &5-6 (Straighten up to front) step left next to right, step forward on right foot hooking left foot under right knee do a full turn left, step down onto left foot
- &7&8 Step right next to left, step left forward, lock right up behind, step forward on left

## SIDE BALL CHANGE, BEHIND BALL CHANGE (TWICE), STEP ACROSS SWIVEL, STEP ACROSS ¼ TURN

- &1&2 Step right foot to right side (on ball), step onto left foot, step right behind left (on ball), step left in place

- &3&4      Step right foot to right side (on ball), step onto left foot, step right behind left (on ball), step left in place
- &5&6      Step right to right, step left over right (on balls of feet), swing both heels to left then right
- &7-8      Step right to right side, cross left over right,  $\frac{3}{4}$  turn to right finish with weight on right foot

### **REPEAT**

There is a slight pause only at the end of 1st wall

You will finish the dance facing the back wall, then step left next to right (&), then sweep the right foot around to back doing  $\frac{1}{2}$  turn to right taking it behind left foot.

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