Loved & Lost



Compte: 34 Mur: 4 Niveau: Improver

Chorégraphe: Neil Cordery (UK)

Musique: Have You Ever - S Club 7



ROCK AND TURN, STEP LOCK STEP

1&2	Rock forward on right foot, replace weight onto left, step right into ¼ turn
3&4	Step forward on left foot, lock right behind left, step forward on left foot
5&6	Rock forward on right foot, replace weight onto left, step right into ½ turn
7&8	Step forward on left foot, lock right behind left, step forward on left foot

ROCK RIGHT, LEFT RIGHT, LEFT CHASSE, ROCK AND TURN, FULL TURN STEPPING LEFT, RIGHT,

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9&10	Rock right to right side, replace weight onto left, rock to side on right
11&12	Step to side on left foot, close right beside left, step to side on left
13&14	Rock forward on right foot, replace weight onto left, step right into ½ turn
15&16	Full turn traveling forward stepping left, right, left

ROCK AND TURN, IN FRONT, SIDE, BEHIND, SWEEP, BEHIND, SIDE, IN FRONT, ROCK AND TURN

ROOK AND TORN, IN TROUT, SIDE, DETIND, SWEEF, DETIND, SIDE, IN TROUT, ROOK AND TORN		
17&18	Rock forward on right, replace weight onto left, step right into ¼ turn	
19&20&	Cross left in front of right, step right to right side, step, step left behind right, with weight on	
	left, sweep right foot round and behind left foot	
21&22	Step weight onto right and behind left foot, step left foot to left side, cross right in front of left	
23&24	Rock forward on to left foot, replace weight on to right, step left foot into ¼ turn	

STEP, LOCK, STEP FORWARD, ROCK LEFT, RIGHT, LEFT, RIGHT SIDE CHASSE, ROCK AND REPLACE

25&26	Step forward on right foot, lock left behind right, step forward right
27&28	Rock left out to left side, replace weight on to right, rock left out to left side
29&30	Step right to right side, close left up beside right, step right to right side
31&32	Rock left behind right foot, replace weight on to right, step left beside right

UNWIND FULL TURN

33-34 Cross right over left and unwind a full turn (weight remains on left foot)

REPEAT