

Me Ma's Sham Rock

COPPER KNOB
STEPSHEETS

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Matthew Atkins (UK)

Musique: Tell Me Ma - Sham Rock



-
- | | |
|------|--|
| 1&2 | Point right to right side, hitch right in front of left, cross right over left |
| 3&4 | Step left back, step right beside left, step left forward |
| 5-6 | Rock right to right side, recover onto left |
| 7&8 | Step right to right side, step left beside right, step right to right |
| | |
| 1-2 | Rock left in front of right, recover on right |
| 3&4 | Triple a full reverse turn over left shoulder on a left, right, left |
| 5&6 | Put right heel forward, step right foot together, put left heel forward |
| &7-8 | Step left foot together, put right heel forward, clap |
| | |
| 1-2 | Step onto left, pivot half a turn right |
| 3&4 | Left shuffle |
| 5-6 | Rock forward onto right, recover on left |
| 7&8 | Triple a three quarter turn right on a right, left, right |
| | |
| 1-2 | Rock left forward, back on right |
| 3&4 | Coaster step left |
| 5-6 | Point right to right, place it beside left |
| 7-8 | Pivot half turn pointing left, bring in place |
| | |
| 1 | Rock diagonally forward to left on right foot |
| & | Step left foot in place |
| 2 | Rock diagonally back to right on right foot, kicking left foot forward |
| & | Step left foot in place |
| 3 | Rock diagonally forward to left on right foot |
| & | Step left foot in place |
| 4 | Rock diagonally back to right on right foot, kicking left foot forward |
| & | Step left foot in place |
| 5 | Rock diagonally forward to left on right foot |
| & | Step left foot in place |
| 6 | Rock diagonally back to right on right foot, kicking left foot forward |
| & | Step left foot in place rock diagonally forward to left on right foot |
| 7 | Step left foot in place |
| & | Rock diagonally back to right on right foot, kicking left foot forward |
| 8 | Step left foot in place |
| | |
| 1-2 | Rock right to right, recover on left |
| 3&4 | Sailor step half turn |
| 5&6 | Forward mambo right |
| 7&8 | Back mambo left |
| | |
| 1-2 | Step right to right, hold |
| &3-4 | Ball change, hold |
| &5-6 | Ball change, hold |
| 7&8 | Left sailor step with quarter turn left |

1-8

Full turn, mambo step forward, two walks back, coaster step

REPEAT
