Memphis Style



Compte: 48 Mur: 4 Niveau:

Chorégraphe: Martin Moser (USA)

Musique: Memphis Women & Chicken - T. Graham Brown



TOE POINTS, SWITCHES & SLIDE TAPS FORWARD

1& Point right toe forward, bring right foot back
2& Point left toe forward, bring left foot back
3& Point right toe forward, bring right foot back

4 Point left toe forward

5&6 Bounce left heel on floor, slide right foot forward, tap left foot forward

7&8 Repeat 5&6

SLIDE TAPS FORWARD, BODY ROLL & LEG LIFT 1/4 TURN

1&2 Bounce left heel on floor, slide right foot forward, tap left foot forward

3-4 Forward body roll

5-8 Lift left leg up in the air about hip height and turn ½ to the right on right foot

Option: slap your leg or hip on count 8

CROSS STEPS, SAILOR SHUFFLE & COASTER SHUFFLE

1-2	Cross left foot over right foot, step right foot to the right
3&4	Step left foot behind right foot, step right foot to right, step left foot to left
5-6	Cross right foot over left foot, ¼ turn right while stepping back on left foot
7&8	Step back on right foot, step together with left foot, step right foot forward

BOOGIE WALK FORWARD, FOOT SCISSORS BACKWARD

1-2 walk forward on left foot while twisting to the right, walk forward on right foot while twisting t	1-2	Walk forward on left foot while twisting to the right, walk forward on right foot while twisting	າg to
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the left

3-4 Repeat 1-2

&5 Turn both heels out, turn both heels in

Turn both heels out while picking up right foot, while stepping back on right foot turn both

heels in

Turn both heels out while picking up left foot, while stepping back on left foot turn both heels

in

&8 Turn both heels out while picking up right foot, while stepping back on right foot turn both

heels in

STEPS SLIDES WITH SHOULDER RAISES (SHAKES)

3&4 Raise right shoulder up, raise left shoulder up, raise right shoulder up

5-6 Step right foot to the right, slide left foot next to the right foot

7&8 Raise left shoulder up, raise right shoulder up, raise left shoulder up to make shoulders even

TOE POINTS WITH CROSSOVER STEPS, LEG LIFT 1/4 TURN

Point right toe to the right, cross & step right foot over left foot 3-4

Point left toe to the left, cross & step left foot over right foot

5-8 Lift right leg up in the air about hip height and turn ¼ to the left on left foot

Option: slap your leg or hip on count 8

REPEAT