

Milkshake

Compte: 40

Mur: 4

Niveau: Intermediate/Advanced



Chorégraphe: Chris Godden (UK)

Musique: Milkshake - Kelis

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|----------|--|
| &1&2 | Hitch right while swinging right foot to right, touch right forward swiveling right heel in, out, in |
| 3-4 | Pivot ½ right on right while hitching left, repeat (back to front wall) |
| 5-6 | Walk back left, right |
| &7-8 | Left to left side, right to right side, take right arm out to right side (palm face down while head turns right) |
| | |
| 1&2 | Kick left in place, cross left behind right, hold |
| &3-4 | Step right to right side, cross left over right, step right to right side |
| 5&6 | Cross left behind right, right to right side, ¼ turn onto left |
| 7&8 | Swivel both heels left right left while making ½ turn right (weight ends on left) |
| | |
| 1&2 | Step back on right, press on ball of left, step right in place |
| 3&4 | Repeat on left |
| 5-6 | Kick right to right side, close right to left crossing arms in front of chest |
| 7-8 | Step left to left side throwing arms out to side (palms down), bending into both knees pushing palms down |
| | |
| &1&2&3&4 | Taking weight onto left bump hips right left right left right left right left (while bumping hips slowly complete ¼ turn right with right hitch) |
| 5-6 | Big step forward on right, close left to right |
| 7-8 | Circle knees to the left twice while making ¼ left turn |
| | |
| 1-4 | Walk forward right, left, kick right forward, pivot ½ right pressing into ball of right |
| 5&6 | Hold, close left behind right, step forward on right |
| 7&8 | Scuff left forward, hitch left, step forward on left |

REPEAT
