

# Movin'

**COPPER KNOB**  
STEPPERS

**Compte:** 80

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Vivienne Scott (CAN)

**Musique:** Movin' On - The Rankin Family



## **RIGHT ROCK STEPS TO SIDE, BEHIND**

- 1-2 Rock to the side onto right foot, rock in place with left foot and clap
- 3-4 Rock behind the left foot onto the right foot, rock in place with left foot and clap
- 5-6 Rock to the side onto right foot, rock in place with left foot and clap
- 7-8 Rock behind the left foot onto the right foot, rock in place with left foot and clap

## **SHUFFLE TO THE RIGHT, ROCK LEFT FOOT BEHIND RIGHT**

- 9&10 Side shuffle right, (right-left-right)
- 11-12 Rock behind the right foot onto the left foot, rock in place with right foot

## **LEFT ROCK STEPS TO SIDE, BEHIND**

- 13-14 Rock to the side onto the left foot, rock in place with right foot and clap
- 15-16 Rock behind the right foot onto the left foot, rock in place with right foot and clap
- 17-18 Rock to the side onto the left foot, rock in place with right foot and clap
- 19-20 Rock behind the right foot onto the left foot, rock in place with right foot and clap

## **SHUFFLE TO THE LEFT, ROCK RIGHT FOOT BEHIND LEFT**

- 21&22 Side shuffle left (left-right-left)
- 23-24 Rock behind the left foot onto the right foot, rock in place with left foot

## **RIGHT HEEL FORWARD AND HOLD, RIGHT TOE BEHIND AND HOLD, TWO ¼ TURNS**

- 25-26 Place right heel straight forward, hold (clap optional)
- 27-28 Place right toe straight back, hold (clap optional)
- 29-30 Step forward with right foot, make ¼ to left
- 31-32 Step forward with right foot, make ¼ to left

## **RIGHT SHUFFLE FORWARD, WALK FORWARD LEFT, RIGHT, LEFT SHUFFLE FORWARD**

- 33&34 Right shuffle forward (right-left-right)
- 35-36 Walk forward left, right
- 37&38 Left shuffle forward (left-right-left)

## **TWO RIGHT KICK BALL CHANGES**

- 39&40 Kick right foot forward, rock back onto ball of right foot, step forward onto left
- 41&42 Kick right foot forward, rock back onto ball of right foot, step forward onto left

## **TWO ¼ TURNS LEFT**

- 43-44 Step forward with right foot, make ¼ turn to left
- 45-46 Step forward with right foot, make ¼ turn to left

## **FOUR TOE-HEEL STRUTS FORWARD WITH FINGER SNAPS**

- 47-48 Step forward on right toe, place heel down and snap fingers
- 49-50 Step forward on left toe, place heel down and snap fingers
- 51-52 Step forward on right toe, place heel down and snap fingers
- 53-54 Step forward on left toe, place heel down and snap fingers

## **TWO CHUGS FORWARD WITH CLAPS**

- 55-56 Jump forward with both feet, clap

57-58                Jump forward with both feet, clap (weight on right)

**LEFT CROSS BEHIND RIGHT, HOLD, UNWIND  $\frac{3}{4}$  TURN LEFT, (WEIGHT ON LEFT)**

59-60                Cross left foot behind right foot, hold

61-62                Unwind  $\frac{3}{4}$  turn left putting weight onto left (clap optional)

**RIGHT SHUFFLE FORWARD, WALK FORWARD LEFT, RIGHT, LEFT SHUFFLE FORWARD**

63&64                Right shuffle forward (right-left-right)

65-66                Walk forward left, right

67&68                Left shuffle forward (left-right-left)

**TWO RIGHT KICK BALL CHANGES**

69&70                Kick right foot forward, rock back onto ball of right foot, step forward onto left

71&72                Kick right foot forward, rock back onto ball of right foot, step forward onto left

**FOUR  $\frac{1}{4}$  TURNS TO LEFT**

73-74                Step forward with right foot, make  $\frac{1}{4}$  turn to left

75-76                Step forward with right foot, make  $\frac{1}{4}$  turn to left

77-78                Step forward with right foot, make  $\frac{1}{4}$  turn to left

79-80                Step forward with right foot, make  $\frac{1}{4}$  turn to left

**REPEAT**

The first "shuffle forward" coincides with the "Movin' On" chorus and when the dance starts again, it coincides with end of the chorus. This is a long dance, but with a lot of repetition.

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