

# The "My Town" Stomp

**COPPER KNOB**  
STEPPERS

Compte: 48

Mur: 1

Niveau: Intermediate

Chorégraphe: Gloria Johnson (USA)

Musique: My Town - Montgomery Gentry



Counts 25-48 are the exact reverse or mirror image of counts 1-24

Thank you to 99.9 Frog WGNE-FM in Daytona Beach for the idea for the name of this dance and for all of your support over the years

Insert the name of your town between the quotation marks! (e.g., The Sanford Stomp, The Orlando Stomp, The Knoxville Stomp, etc)

## CROSSOVER CHASSE TO LEFT

- 1&2 Cross-step right over left, step left to left side, cross-step right over left
- &3-4 Step left to left side, cross-step right over left, stomp left foot up
- 5&6 Cross-step left over right, step right to right side, cross-step left over right
- &7-8 Step right to right side, cross-step left over right, stomp right foot up

## SAILOR SHUFFLES, KICK-BALL-CHANGES WITH HEEL BOUNCES

- 9&10 Cross-step right behind left, step left slightly left, step on right
- 11&12 Cross-step left behind right, step right slightly right, step on left
- 13&14 Kick right forward, step on right, step on left slightly apart from right
- 15-16 Bounce heels twice

## MODIFIED MONTEREY, SHUFFLE, PIVOT TURN

- 17-18 Point right to right side, pivot  $\frac{1}{2}$  right on ball of left shifting weight to right
- 19-20 Point left to left side, pivot  $\frac{1}{4}$  left on ball of right shifting weight to left
- 21&22 Step right forward, step left together, step right forward
- 23-24 Step left forward, pivot  $\frac{1}{2}$  turn right shifting weight to right

## CROSSOVER CHASSE TO RIGHT

- 25&26 Cross-step left over right, step right to right side, cross-step left over right
- &27-28 Step right to right side, cross-step right over left, stomp right foot up
- 29&30 Cross-step right over left, step left to left side, cross-step right over left
- &31-32 Step left to left side, cross-step right over left, stomp left foot up

## SAILOR SHUFFLES, KICK-BALL-CHANGES WITH HEEL BOUNCES

- 33&34 Cross-step left behind right, step right slightly right, step on left
- 35&36 Cross-step right behind left, step left slightly left, step on right
- 37&38 Kick left forward, step on left, step right slightly apart from left
- 39-40 Bounce heels twice

## MODIFIED MONTEREY, SHUFFLE, PIVOT TURN

- 41-42 Point left toe to left side, pivot  $\frac{1}{2}$  turn left on ball of right shifting weight to left
- 43-44 Point right toe to right side, pivot  $\frac{1}{4}$  turn right shifting weight to right
- 45&46 Step left forward, step right together, step left forward
- 47-48 Step right forward, pivot  $\frac{1}{2}$  turn left shifting weight to left foot

## REPEAT