My, My, My, My Boogie Shoes



Compte: 48 Mur: 2 Niveau: Intermediate contra dance

Chorégraphe: Ron Kline (USA)

Musique: Boogie Shoes - KC and the Sunshine Band



Position: Allow room for lines to cross

SYNCOPATED STEPS AND HOLDS

&1	Step right foot forward.	step left foot next to right

2-4 Hold foot position, bobbing up and down slightly for these 3 counts

&5 Step right foot forward, step left foot next to right

6-8 Hold foot position, bobbing up and down slightly for these 3 counts

KICKS AND SAILOR SHUFFLES

1-2	Shift weight to right foot and kick left foot forward, kick left foot forward diagonal left
3&4	Cross step left foot behind right, step on ball of right foot to right side, step left foot in place
5-6	Kick right foot forward, kick right foot forward diagonal right
7&8	Cross step right foot behind left, step on ball of left foot to left side, step right foot in place

STEP, BUMPS, BACK, TOGETHER, FORWARD, TOGETHER

1-2	Step left foot on a forward left diagonal bending slightly at waist with left shoulder slightly forward and hips to right side, keeping feet in place, bump hips to left
3-4	Bump hips to right, bump hips to left (optional body rolls may be used for these steps)
5-6	Bump hips to right as you step back on left foot, bump hips to left as you step right foot back next to left foot
7-8	Bump hips to right as you step left foot forward, bump hips to left as you step right foot forward next to left foot

STEP, BUMPS, BACK, TOGETHER, FORWARD, PREP

1-2	Step left foot on a forward left diagonal bending slightly at waist with left shoulder slightly forward and hips to right side, keeping feet in place, bump hips to left
3-4	Bump hips to right, bump hips to left (optional body rolls may be used for these steps)
5-6	Bump hips to right as you step back on left foot, bump hips to left as you step right foot back next to left foot
7-8	Bump hips to right as you step left foot forward, step right foot slightly ahead of left foot prepping toe to right

1 ½ TURN TO THE RIGHT TRAVELING FORWARD, COASTER STEP

foot next to right foot, step right foot forward

1-2	Pivot ¼ to the right on ball of right foot stepping left foot to left side, hold
3-4	Pivot ½ to the right on ball of left foot stepping right foot to right side, hold
5-6	Pivot ½ to the right on ball of right foot stepping left foot to left side, hold
7&8	Pivot ¼ to the right on ball of left foot stepping back on ball of right foot, step on ball of left

STEPS, CLAPS, UNWIND, TURN

1-2	Step left foot forward diagonal left, hold/clap
3-4	Step left foot back diagonal left, hold/clap
5-6	Touch left toe behind right heel, unwind legs ½ to the left stepping onto left foot
7-8	Step right foot forward, pivot 1/2 to the left shifting weight to left foot

REPEAT

