

# Nada Waltz

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Charlotte Williams (USA)

Musique: My Front Porch Looking In - Lonestar



## (MODIFIED) WALTZ LUNGES - LUNGE RIGHT WITH TOUCH; LUNGE LEFT WITH TOUCH

- 1-4 Lunge right across (in front) of left, step left in place, return right home, touch left next to right  
5-8 Lunge left across (in front) of right, step right in place, return left home, touch right next to left

## RIGHT VINE, TURN ONE-FOURTH LEFT, MODIFIED (SLOW) COASTER

- 1-4 Step right to right, step left behind right, step right to right, step left across (in front) of right  
5 Turn one-fourth ( $\frac{1}{4}$ ) left stepping on back on right  
6-8 Step back on left, step right next to left, step forward on left (slow coaster)

## MODIFIED (SLOW) COASTERS FORWARD AND BACK, TURN ONE-FOURTH LEFT, TAP

- 1-3 Step forward on right, step left next to right, step back on right  
4-6 Step back on left, step right next to left, step forward on left  
7-8 Turn one-fourth ( $\frac{1}{4}$ ) to left, stepping right to right, tap left heel to left

## STEP - TAP; STEP - TAP; STEP - 3 TAPS

- 1-2 Step left to left, tap right heel to right  
3-4 Step right to right, tap left heel to left  
5-8 Step left to left, tap right heel three (3) times - signal that you are getting ready to start polka steps forward

## FOUR POLKA (SHUFFLE) STEPS FORWARD

- 1&2 Right polka (shuffle) forward (right, left, right)  
3&4 Left polka (shuffle) forward (left, right, left)  
5&6 Right polka (shuffle) forward (right, left, right)  
7&8 Left polka (shuffle) forward (left, right, left)

Variation: on 2nd and 3rd polkas turn one-half ( $\frac{1}{2}$ ) turn each to right-making a full turn

## TWO STEP SLIDE BACK, TWO POLKA (SHUFFLE) STEPS BACK

- 1-2 Step back on right (at right diagonal), slide left next to right - keep weight on right  
3-4 Step back on left (at left diagonal), slide right next to left - keep weight on left  
5&6 Right polka (shuffle) back (right, left, right)  
7&8 Left polka (shuffle) back (left, right, left)

## REPEAT